

Effect of drug molecular weight on niosomes size and encapsulation efficiency

Pablo García-Manrique^{1,2*}, Noelia D. Machado^{3,4*}, Mariana A. Fernández^{3,4}, María Carmen Blanco-López¹, María Matos², Gemma Gutiérrez²

¹*Department of Physical and Analytical Chemistry, University of Oviedo; Spain*

²*Department of Chemical Engineering and Environmental Technology, University of Oviedo; Spain*

³*Universidad Nacional de Córdoba, Facultad de Ciencias Químicas, Departamento de Química Orgánica, Córdoba, Argentina*

⁴*Consejo Nacional de Investigaciones Científicas y Técnicas (CONICET), INFIQC, Córdoba, Argentina*

** Both authors contributed equally to this article*

Corresponding author: *E-mail address:* gutierrezgemma@uniovi.es

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17 **Abstract**

18 Encapsulation into nanocarriers, such as niosomes, is a promising way to protect them from
19 degradation, and allow controll and target delivery of bioactive compounds. For biotechnological
20 applications, a tight control of particle size with acceptable encapsulation efficiencies (EE) is a
21 technological challenge, especially for **hydrophilic compounds** due to its capability to diffuse across
22 biological barriers. Niosomes formulated with mixture of surfactants represent promising
23 nanocarriers due to the advantages of non-ionic surfactants, such as low cost, versatility and
24 enhanced physico-chemical properties. In this work, **the effect of both composition of the hydrating
25 solution and molecular weight of the loaded compound on the particle size and EE of niosomes
26 prepared by using the thin film hydration method was studied**. Particularly, mili-Q water, glycerol
27 solution and PEG-400 solution were tested for niosomes formulated with Span[®]80-Tween[®] 80
28 with/without dodecanol as membrane stabilizer. It was found that particle size highly depends on
29 hydration media compositions and an interaction with compound MW could exist. Larger vesicles
30 results in an increase in EE, which could be purely related with physical aspects such as vesicle
31 loading volume capacity. The effect of hydration solution composition could be related with their
32 ability to change bilayer packing and physical properties as observed by differential scanning
33 calorimetry. Finally, it was possible to compare the suitability of dialysis and gel filtration as
34 purification methods, demonstrating that gel filtration is not an adequate purification method when
35 viscous solutions are used, since they could affect the particle vesicles retention and hence EE
36 measurements would be misrepresentative.

37 **Keywords**

38 Niosomes, hydrophilic drugs carrier, encapsulation efficiency, particle size control, thin-film
39 hydration

40 **1. Introduction**

41 Vesicles are commonly used as drug delivery systems for different active compounds. Vesicles
42 are promising drug carries due to their unique properties such as nanometric size, high surface-
43 volumen ratio, and ease of drug-release modulation [1]. Niosomes are a specific type of vesicles

44 formed by the self-assembly of non-ionic surfactants in aqueous media that leads to closed bilayers
45 [2]. This structure enables them to encapsulate aqueous solutions leading either the encapsulation
46 of hydrophilic and hydrophobic compounds [3].

47 Niosomes offer some advantages over other encapsulation technologies such as their low cost,
48 chemical stability, biocompatibility, among others [4]. Furthermore, non-ionic surfactants self-
49 assemblies are easily derivatized, which provides functional versatility to their structure [5].

50 In recent years, niosomes have been used for encapsulating drugs [6], nutraceuticals [7],
51 antioxidants [8,9], micronutrients [10], etc. There are still many challenges in the development of
52 delivery systems that could encapsulate hydrophilic compounds effectively. There are colors,
53 nutraceuticals and vitamins of industrial interest that need to be protected from chemical
54 degradation, to inhibit adverse interaction with other components, to mask off-flavors, or to obtain
55 a particular release profile. For example, some water soluble colors are susceptible to chemical
56 degradation under certain conditions, e.g., pH, light or temperature [11]. Water soluble vitamins
57 are not stored in the body, and could be not properly absorbed during food processing making
58 necessary to replenish them daily [12].

59 In this work, three bioactive hydrophilic compounds with different molecular weight (MW) and
60 industrial interest were encapsulated (**Figure 1**): ascorbic acid (Vitamin C), rhodamine B (Fluorescent
61 organic dye) and cobalamin (Vitamin B₁₂). Ascorbic acid, found in citrus fruits, berries and
62 vegetables, acts mainly as antioxidant, but also promotes the production of noradrenaline, collagen,
63 bile acids, and increases the intestinal absorption of non-heme iron [12,13]. This water soluble
64 vitamin is highly unstable under exposition to high temperature, light and oxygen and can be
65 degraded by several mechanisms, thus the encapsulation could help to overcome these drawbacks
66 [14,15]. Rhodamine B is a synthetic and highly soluble molecule used as pigment in drug and
67 cosmetic formulations due to its absorption and emission properties [16,17]. However, there are
68 some negative effects on human health related with the exposure to this organic dye since it could
69 cause skin, eye and respiratory tract irritation. In this sense, the encapsulation could reduce the side
70 effects associated with this hydrophilic compound [17,18]. Finally, cobalamin belongs to the B-
71 complex vitamins and can be found in cheese, fish, milk or eggs. It functions as coenzyme and as an

72 important intermediate in the metabolism of folic acid, a compound really important to prevent
73 congenital disorder during the first stage of pregnancy [12]. The encapsulation of this nutrient via
74 vesicles would help to improve its sensitive to heat, light, and low skin permeability [19,20].

75 On the other hand, it is important to consider the effect of the composition of aqueous solution
76 used to hydrate the film during the preparation, over particles morphology (size and PDI) and
77 functional characteristics such as encapsulation efficiency (EE), with special focus on hydrophilic
78 compounds encapsulation. The use of different co-solvents in the self-assembly process of the
79 niosomes, expands their application through the possibilities to tune particle size and increase EE
80 values, depending on selected applications. For example, glycerol has been used to enhance the
81 solubility of bioactive compounds [21], but also as cryoprotector agent for liophilization [22], or to
82 enhance the drug carriers penetration for transdermal administration [21,23] In addition,
83 polyethylene glycol (PEG), a water soluble polymer with several MW versions, has been used to
84 prepare highly stable niosomes [24], and as sterical stabilizer of liposomes [25], allowing longer
85 circulation times in blood [26].

86 In this work, niosomes with a formulation based on an equimolar mixture of surfactants Tween[®]
87 80 and Span[®] 80 were prepared [27]. Moreover, in some formulations dodecanol, was used as
88 membrane additive, and using aqueous solutions of water, glycerol and PEG solutions as hydration
89 media. In addition, the effect of drug MW on final niosomal suspension size and EE was studied.
90 Two different purification methods, dialysis and Size Exclusion Chromatography (SEC
91 Chromatography) such as gel filtration were studied in order to compare their effectivity at different
92 hydration media for several encapsulated drugs.

93 **Figure 1**

94 **2. Materials and methods**

95 **2.1 Materials**

96 Niosomes were formulated by the use of non-ionic surfactants Tween[®] 80 (Tw80, MW 1310
97 g/mol, HLB 15.0) and Span[®]80 (Sp80, MW 428.60 g/mol, HLB 4.3), from Sigma Aldrich (USA) and

98 Fluka Analytical (Romania) respectively. 1-Dodecanol 98 % (Dc, Mw 186.34 g/mol) from Sigma
99 Aldrich was used as optional membrane additive. L-(+)-ascorbic acid (AA, MW 176.12 g/mol) was
100 obtained from J. T. Baker (USA), while Rhodamine B purity $\geq 95\%$ (RB, MW 479.02 g/mol), and
101 Vitamin B₁₂ purity $\geq 98.5\%$ (B12, MW 1355.38 g/mol) were also purchased from Sigma Aldrich.

102 For the film hydration solution, polyethylene glycol 400 (PEG-400, MW 380-420 g/mol, density
103 1.128 g/cm³, VWR International LLC, BDH PROLABO), glycerol bidistilled 99.5 % (GLY, MW 92.09
104 g/mol, density 1.261 g/cm³, VWR International LLC, BDH PROLABO) and, ultrapure water (MQ) were
105 used.

106 Absolute ethanol from J.T. Baker was used for bilayer components stock solutions. Methanol
107 HPLC grade from VWR International LLC, BDH PROLABO), and acetic acid solution (49-51 %, HPLC
108 grade) from Sigma Aldrich were used for high performance liquid chromatography (HPLC).

109 **2.2 Niosomes preparation**

110 Niosomes were prepared by a modified Thin Film Hydration method (TFH) without sonication
111 as we previously reported in literature [27]. The corresponding amount of surfactants and
112 membrane additives were placed into a 100 mL round bottom flask in an equimolar ratio (from
113 ethanolic stock solutions). The organic solvent was removed using a rotary evaporator (Buchi
114 Labortechnik AG, Flawil, Switzerland), until a homogeneous dried film was achieved. This film was
115 then hydrated using different aqueous-based solutions at 60 °C, and agitated at 100 rpm during 30
116 minutes. Suspension of vesicles were left to acquire room temperature prior to purification and/or
117 characterization.

118 Niosomes containing the active compound inside, were prepared by the hydration of the thin
119 films with the corresponding aqueous solutions: ultrapure water (or MQ), water:glycerol (60:40,
120 v/v) or GLY, and water:PEG-400 (55.3:44.7, v/v) or PEG. Both solutions have the same density.

121 Two different formulations of niosomes were studied. The first one contained an equimolar ratio
122 of Tw80 and Sp80, while the second was a mixture of Tw80, Sp80, and Dc as bilayer stabilizer in a
123 1:1:1 molar ratio. The total concentration of membrane components was kept constant at 10 mM

124 (final concentration in vesicles suspension). The molar ratio between both surfactants were selected
125 to yield an HLB value of 10.

126 **2.3 Niosomes purification**

127 The purification of niosomes suspension was carried out by using two different methods: dialysis
128 and gel permeation chromatography.

129 *2.3.1 Dialysis*

130 Loaded niosomes suspensions were placed in a dialysis bag (dialysis tubing, 10 K MWCO, Thermo
131 Scientific, Waltham, MA, USA), and let floating in the corresponding hydration media in a 1:100 v/v
132 ratio. Dialysis time was adjusted depending on the encapsulated compound (3h, 4h and 8h for AA,
133 RB and B12, respectively).

134 Dialysis times were optimized by using a control solution containing the encapsulated
135 compound at the same concentration used for encapsulation experiments. Samples were collected
136 from the external phase, once the concentration on the external media was more than the 99.8%
137 of the original concentration, it was considered that the dialysis time was enough for the
138 purification.

139 Reverse phase-HPLC (RP-HPLC) was used to determine the concentration of free compound in
140 the collected samples.

141 *2.3.2 Gel permeation chromatography*

142 AA and RB loaded niosomes (with the exception of RB-niosomes in PEG) were purified using a
143 Sephadex G-25 Superfine column (HiTrap™ desalting columns, GE Healthcare Life Sciences, UK);
144 while B12 (in all media) and RB loaded niosomes in PEG were purified using a gravity elution PD
145 Column ($V_0 = 2.5$ mL) packed with Sepharose CL-4B (both from, GE Healthcare Life Sciences).
146 Sepharose CL-4B was used since in optimization steps, we realized that B12 and RB in PEG solution
147 were not properly retained in Sephadex G25. **Table 1** summarizes the gel filtration unit used in each
148 case.

149 Control solutions of the corresponding encapsulated compounds in the selected media were
150 used to assess the efficiency of the applied method.

151 **Table 1**

152 RP-HPLC was used to determine the absence of free compound in the first collected fractions
153 from the column, where niosomes were eluted, in order to assess the suitability of the SEC column.

154 **2.4 Niosomes size and distribution analysis**

155 Mean diameter (z-average, nm) and Polydispersity Index (PDI, a.u.) for the prepared niosomes
156 were measured by Dynamic Light Scattering (DLS) on a Zetasizer NanoZS Series (Malvern
157 Instruments Ltd., Malvern, UK). Measurements were performed by triplicate at 25 °C. Sometimes,
158 dilution was required to improve the signal quality. Low volume plastic disposable cuvettes were
159 used during size characterization (Malvern Instruments Ltd., Malvern, UK).

160 **2.5 Niosomes encapsulation efficiency (EE)**

161 Encapsulation efficiency was calculated as the ratio between the quantity of encapsulated
162 compound (after proper purification), and the total amount in the unpurified suspension according
163 to **equation 1**.

164
$$EE = \frac{[compound]_{encapsulated}}{[compound]_{initial}} \times 100$$
 Eq. 1

165 Purified niosomes were diluted 1:10 (v/v) using methanol in order to break the niosomal bilayers
166 and release the encapsulated compounds. The quantification of the cargo molecules was carried
167 out by RP-HPLC (HP series 1100 chromatograph, Hewlett Packard, Agilent Technologies), with a
168 Zorbax Eclipse Plus C18 column (4.6 mm x 150 mm, 5 μm, Agilent Technologies, Santa Clara,
169 California, USA).UV/vis (HP G1315A detector, Agilent Technologies) and fluorescence (1260 Infinity
170 A detector, from Agilent Technologies), were used as detection coupled to the chromatographic
171 separation. The following HPLC programs were used:

172 Ascorbic Acid

173 A linear gradient was performed with 0.1 % (v/v) acetic acid in MQ (mobile phase A) and
174 methanol (mobile phase B). The gradient started with 95 % of A, reaching 20 % of A at min 15, and
175 kept constant for 5 min. The flow rate was 0.9 mL/min. Retention time for AA was 2.28 min at $\lambda =$
176 278 nm.

177 Rhodamine B

178 A linear gradient was used with MQ (mobile phase A) and methanol (mobile phase B). The
179 gradient started with 2 % of B, running 100 % of B at min 21, and kept constant for 5 min. The flow
180 rate was 1 mL/min. Retention time for RB was 19 min at $\lambda = 554$ nm.

181 Vitamin B₁₂ (B12)

182 A linear gradient was used with MQ (mobile phase A) and methanol (mobile phase B). The
183 gradient started with 20 % of B, obtaining 100 % of B at 5 min and kept constant for 10 min. The
184 flow rate was 0.8 mL/min. Retention time for B12 was 4.35 min at $\lambda = 361$ nm.

185 **2.6 Differential Scanning Calorimetry (DSC)**

186 Liquid hydrated samples (10 mg) were analyzed by Differential Scanning Calorimetry (DSC).
187 Measurements were conducted in aluminum sealed pans, heating mode (5 °C/min), from – 40 °C to
188 25 °C, under N₂ atmosphere, in a DSC Mettler Toledo model 821e (Mettler Toledo International Inc.,
189 Barcelona, Spain).

190 **2.7 Particle concentration**

191 Particle concentration was measured by *nanoparticle tracking analysis* (NTA) with a NanoSight LM10
192 equipment (Malvern Instruments). All samples were diluted 1:10000 on their hydration solution.

193 Three independent measurements were acquired and averaged for each sample. These
194 measurements were performed by Nanovex Biotechnologies (Asturias, Spain).

195 **2.8. Statistical analysis**

196 All data were expressed as the mean \pm SD (standard deviation) of three independent experiments,
197 and statistical analysis of the data was carried out (ANOVA and t-Student) at the 95 % confidence

198 level. Tukey's test ($p < 0.05$) was used to calculate the least significance difference (LSD) using
199 statistical software (Minitab® 17.1.0).

200

201 3. Results and discussion

202 3.1. Niosomes size vs hydration solution composition and cargo molecular weight

203 **Figure 2** presents the vesicle size for all vesicles formulated without (A) and with (B)
204 encapsulated drug.

205 Hydration solution composition seems to have an important role in final vesicles size. In
206 particular, larger vesicles were obtained when PEG solution was used being the smaller vesicles the
207 ones obtained when MQ was used as hydration medium ($p < 0.05$ for all formulations, see [Figure](#)
208 [S1, Supplementary Material](#)). It is important to point out that GLY and PEG compounds can be
209 attached to the membrane compounds producing higher stability to the system but also could
210 increase the particle size [21,28].

211 The influence of Dc over vesicle size [had](#) a discrete effect on final vesicle size. According to
212 results presented in **figure 2A**, where size of non-loaded vesicles is presented, just a slight increase
213 on vesicle size is observed ($p < 0.05$ in all media, see [Table S1, Supplementary Material](#)). Dc could
214 be located at the membrane layer and reduces the surfactant curvature in the presence of alcohol
215 [7]. Previously, Vankayala et al. reported that fatty alcohols can rearrange parallel to the alkyl
216 portion of surfactants with their polar heads towards the aqueous surface [29].

217 Drug MW has influence on vesicle size when the niosomes [were](#) formulated with Tw80:Sp80, in
218 general, larger drug MW [produced](#) larger vesicle size. However, this effect seems to be less
219 significant than the effect produced by the hydration media used.

220 Surprisingly, when Dc [was](#) used as membrane stabilizer the effect of drug MW [seemed](#) to have
221 an opposite effect. Larger MW [lead](#) to smaller vesicle. In **figure 2B** it can be clearly noticed that
222 vesicles with Dc carrying RB or B12 have lower size than the ones carrying AA and the same
223 membrane compounds.

224 Results indicate that, even all encapsulated drug molecules are hydrophilics, some of them have
225 interactions with the vesicles membrane compounds. RB and B12 could interact with Dc, GLY and
226 PEG and hence being encapsulated at the membrane layer, the incorporation of these drugs to this
227 membrane layer could reduce surfactant curvature leading to a reduction in a vesicle size.

228 **Figure 2**

229 PEG of different MW in aqueous solution for vesicles preparation (mainly niosomes) has been
230 also studied [24,30,31]. PEG-400 and PEG-6000 are the most popular options, frequently used for
231 surfactant mixture based formulations, where Tween[®] and Span[®] (60 and 80) are widely used. The
232 concentration of PEG-400 in aqueous solutions was reported to influence the niosomal formation
233 in a formulation [32]; **Error! Marcador no definido.** based on Tween[®] 80. Similarly, PEG-6000
234 concentration influenced the particle size of niosomes formulated with Tw80:Sp80 1:0.3 mass ratio
235 [33]. Similar niosomes size values to the ones reported in this work have been found by other
236 authors when Span[®] 60 is combined with PEG-400 [28].

237 These glycol compounds alter the packing of the bilayer and increase their curvature, which is
238 manifested as an increment in particle radius. For example, glycerol has the property to change the
239 dielectric constant of the inner bilayer, and bilayer components can re-arrange with different
240 interactions [34]. PEG molecules can interact by H bonds with Tween[®] 80 molecules, so at low
241 concentration can be part of the bilayer, which is less rigid. However, at high concentration it can
242 decrease the stability of the membrane until the disruption [23]; **Error! Marcador no definido..**

243 Other authors [21] have checked the influence of chemical composition of the film hydration
244 solution for niosomal formulation, with special focus on the presence of poly-ol compounds
245 (alcohols). These authors reported the influence of alcohol type and concentration over particle size,
246 and they found differences. Particularly, they reported that glycerol concentration in hydration
247 solution has positive effect: as glycerol concentration increases (up to 40%, similar to the percentage
248 used in the present study), bigger particles were obtained without any impact over niosomes
249 monodispersity.

250 Some other works using aqueous-glycerol solutions for vesicles preparation by direct hydration
251 with sonication, have reported that empty and loaded vesicles did not differ in terms of size,
252 however hydration solutions such as propylene glycol (1:1, v/v) yields bigger particles compared to
253 MQ or GLY solutions. These authors have attributed this phenomenon to the interaction of this
254 compound with bilayer components [23,30].

255 Regarding the monodispersity of the suspensions, in all the cases, both empty and loaded
256 vesicles showed PDI values from 0.2 to 0.8 for all vesicles formulated (Table S2, supplementary
257 material). As a general trend, it can be appreciated that the use of GLY and PEG solutions try to
258 reduce PDI values, effect especially noticeable for empty vesicles and low molecular weight carrier
259 vesicles.

260 All samples presented a low zeta potential as it was expected since all surfactants used had non-
261 ionic character (Table S2, supplementary material), values below -25 mV were recorded in all cases.
262 Samples in which MQ was used as hydration medium higher values were obtained (-25 mV) while
263 when PEG or GLY solutions were used the values were close to zero. The presence of the
264 encapsulated drug did not affect the zeta potential value of samples hydrated with PEG or GLY
265 solutions. However, a reduction of zeta potential values was observed when MQ was used reaching
266 values from -25 mV to values lower than -10 mV.

267 instead of pure water present even smaller values. The presences of encapsulated drug do not
268 affect the zeta potential value in any case.

269 Differential Scanning Calorimetry (DSC) is a useful technique carried out to study the phase
270 behavior of lipids and surfactant based bilayers, and gives information about molecular interactions
271 in the structure, which allows getting information about stability and fluidity of the vesicle bilayer
272 [35]. Also, this technique has been applied to measure the EE of hydrophobic compounds [32], since
273 they are loaded into the structure and then, alter the cohesion of the bilayer.

274 **Figure 3** represents the obtained DSC curves for non-loaded vesicles prepared into the three
275 different hydration solutions. It is clear that, the incorporation of PEG and GLY changes the stability
276 of the bilayer, since transition temperature decreased and the morphology of the peaks showed a

277 less ordered structure, evidenced by a broad peak transition and loss of symmetry [36]. GLY and
278 PEG transitions from gel-to-liquid seem to be in two steps, indicating heterogeneity of the bilayer.
279 As consequence, bilayer becomes more fluid, and bigger particles could be formed.

280 **Figure 3**

281

282 **3.2. Encapsulation Efficiency vs hydration solution composition and cargo molecular weight**

283 Regarding the EE of the compounds, differences were observed related to the MW of the
284 encapsulated drug for both formulations tested. The best EE values were obtained for AA in all the
285 hydration media used (**figure 4**). In most of the cases, the presence of Dc at the interface seems not
286 significantly affect the EE ($p < 0.05$, see [Table S3, Supplementary material](#)). The greater difference
287 in the EE of AA in relation with B12 and RB could be due to the hydrogen bond interactions between
288 hydroxyl groups of AA and hydrophilic portion of surfactants in the niosomes at the aqueous
289 interface. Li and Hao attributed the higher EE and slower release of *p*-hydroxyl benzoic acid,
290 comparing with salicylic acid, to the intermolecular interactions between vesicle membrane and
291 these compounds [37].

292 **Figure 4**

293 It seems that PEG greatly improves RB and B12 encapsulation. However, RB seems to have an
294 important dependence with hydration solution composition, since a great difference in EE values
295 can be observed depending on the medium ($p < 0.05$, see [Figure S2 and S3, Supplementary material](#)).
296 In the case of RB, EE ranged between 8 % (GLY) and 60% (PEG) when dialysis was used as purification
297 method with and without the presence of Dc.

298 Muzzalupo et al. [21]; **Error! Marcador no definido.** reported that 40% of GLY yields the
299 higher EE compared to other alcohols for sulfadiazine, a hydrophilic drug. They attributed this effect
300 to the presence of multiple –OH groups in the alcohol that could help the drug to be totally
301 solubilized, as consequence of H bonds between both molecules. A similar effect could be related
302 to B12 EE when no Dc is used as membrane stabilizer since EE increases from 10 to 40% when the

303 hydration media change from MQ to GLY. However, contrary effect is found in RB EE, since it
304 decreases from 30 to 10% when the hydration media change from MQ to GLY. The presence of PEG
305 in the hydration media increases EE of both (RB and B12), in both formulations used. PEG has been
306 tested to enhance the solubility of amphiphilic compounds such as ellagic acid [23], quercetin [33],
307 paclitaxel [28], however no data about hydrophilic compounds have been found.

308 Interestingly, the formulation presented in this article offers better EE for AA than liposomes
309 found in the literature, where only 10% was reached [38]. Regarding vitamin B12, PEG niosomes
310 with/without Dc, offer better encapsulation than liposomes reported elsewhere [39], however
311 there is a great difference in size due to the preparation method (2 μm for niosomes presented in
312 this study vs less than 100 nm for liposomes reported in previous works). EE values for RB are rarely
313 studied since reported RB encapsulated works do not focus on the final EE values obtained [40, 41].

314 These results evidence the interaction between the drug and hydration solution composition.
315 The composition of hydration solution could be a key parameter for the EE of some compounds,
316 especially for those with large MW.

317 Besides these good results, when gel filtration **was** used as purification method, EE for RB
318 **remained** with similar values for all hydration media used, offering lower values than dialysis
319 purified vesicles for both types of formulation.

320 A similar pattern of results **was** described for B12 encapsulation. Again, the use of PEG as
321 hydration solution **yielded** the higher EE values (60-67%) for dialysis purified vesicles for both
322 formulations, but a not clear effect of medium composition can be observed when gel-filtrated
323 method **was** used.

324 Regarding the purification strategies, dialysis is the most popular option chosen to **purify** vesicles
325 encapsulating hydrophilic and amphiphilic compounds [22,24,28,35]. However, if the permeation
326 through the bilayer is not clear understood for a specific formulation, release and purification can
327 be overlapped, and EE could be underestimated. To assess this SEC chromatography was selected
328 as alternative method [42]. In the present work both techniques **were** used to compare their
329 suitability in the formulated systems.

330 As described previously, important statistical significant differences in EE values were obtained
331 when the two purification methods were compared (see Table S4, Supplementary material), and
332 those discrepancies seem to be magnified when GLY and PEG were used as hydration media for the
333 encapsulation of RB and B12.

334 To assess if this result relies on physical forces involved in the purification methods, empty
335 niosomes prepared in the three tested different aqueous solutions were subjected to gel filtration.
336 Particle concentration was measured by Nanoparticle Tracking Analysis (NTA) before and after the
337 process (figure 5).

338 **Figure 5**

339 The results showed a reduction in mean size, and particle concentration for PEG based niosomes
340 suspension. It seems that retention of vesicles for mechanical disruption of particles may occur
341 during their flow through the column. During the process, the bed of the column experiments a
342 visible compaction due to the high viscosity of the fluid even at a low flow rate as recommended
343 the manufacturer for viscous solutions. This phenomenon could yield to mechanical stress of the
344 vesicles due to shear forces as they pass through the compacted gel. Subsequently, loaded vesicles
345 could collapse and their content could be release to the medium where is trapped by the effect of
346 the gel even when is compacted. A reduction in EE value could be then observed for this case as
347 reported.

348 Interestingly, particles in GLY solutions seem to keep their integrity, since no changes in
349 measured parameters have been reported. And also curiously, MQ suspended niosomes
350 experimented a slight reduction in size and concentration, what could be related to entrapment
351 phenomena of the smallest and highest niosomes by capture and clogging with the stationary phase,
352 respectively.

353 Besides of being a popular choice for vesicles purification, SEC has some drawbacks that must
354 be taken into consideration. For example, it has been reported that vesicles can be retained by
355 stationary phase [43], and this retention is dependent of particles pores and not by particles size
356 itself. Sepharose CL-40 contains particles with 20 nm pore size, which is enough to allow the flow of

357 small vesicles through them. However, large flexible particles like PEG-hydrated may clog in the
358 pores and disturb the process, leading to underestimation of EE by vesicles loss and vesicles
359 disruption into the columns. This fact could be potentiated by viscous solution, such as 45% PEG in
360 water.

361 Dialysis seemed to be as an appropriate method for EE determination. However, the effect of
362 the release through the membrane vesicle layer should be taken into account. Empty vesicles with
363 the non-encapsulated drug should be used as a pattern in order establish the suitable dialyzing time
364 for each encapsulated drug and vesicle membrane composition.

365 **Conclusions**

366 The preparation of niosomes encapsulating hydrophilic compounds with distinct in MW by thin
367 film hydration method performed with different aqueous based solutions, allowed us to check the
368 influence of these parameters over particle size and encapsulation efficiency, two important and
369 related characteristics for potential used in bioapplications.

370 Hydration solution composition has been found to have a clear influence in particle size for a
371 niosomal formulation based on surfactant mixture with and without Dc as membrane stabilizer. DSC
372 curves showed a change in bilayer structure with the use of glycerol and polyethylene glycol 400,
373 that may interact with surfactants and create a less organized structure.

374 A possible interaction with cargo could exist, since when Dc was not used as membrane
375 stabilizer, particles became slightly bigger as cargo MW increases. However, when Dc was used as
376 membrane stabilizer the effect of drug MW seemed to have an opposite effect. Larger MW lead to
377 smaller vesicles indicating a possible interaction of drug with the Dc what could led to a variation of
378 surfactant curvature radio.

379 The composition of hydration solution could be a key parameter for the EE of some compounds,
380 especially for those with large MW.

381 Large discrepancies of EE using dialysis and gel filtration were found, especially for samples
382 where PEG solutions were used a hydration media. This effect was more noticeable for systems with

383 large MW cargos. Mechanical stress of particles during separation could lead to unsatisfactory
384 results in terms of particle integrity and subsequent EE values. [Dialyzing time should be optimized](#)
385 [for each system in order to avoid interactions of the dialysis of the real free drug with the dialysis of](#)
386 [the encapsulation drug through the vesicle membrane layer.](#)

387 **Disclosure**

388 The authors declare no conflicts of interest in this work.

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507

Highlights

- Vesicle size depended on the composition of the hydrating solution.
- PEG-400 aqueous-based solution led the formation of larger vesicles than glycerol and aqueous based media.
- Encapsulation efficiency (EE) increased when poly-ol based solution were used, probably because the bigger vesicle size
- Vesicle size was affected by the molecular weight of the compounds incorporated.
- The composition of the hydrating solution might enhance the EE especially in particular cases

Figure 1. Chemical structures of the encapsulated compounds.

Figure 2. (A) Size values of empty vesicles. Tw80: tween[®] 80; Sp80: span[®] 80; Dc: dodecanol. (B) Effect of hydration solution and cargo molecular weight over particle size, for niosomal formulations Tw80:Sp80 (1:1 molar ratio) and Tw80:Sp80:Dc (1:1:1 molar ratio) prepared by Thin Film Hydration method (TFH).

Figure 3. DSC curves acquired in heating mode for the formulation without dodecanol in the three different hydration solutions: ultrapure water (MQ), water:glycerol 60:40 v/v (GLY), and water:PEG-400 55:45 v/v (PEG).

Figure 4. Effect of hydration solution and cargo molecular weight over encapsulation efficiency (EE) for niosomal formulations Tw80:Sp80 (1:1 molar ratio) and Tw80:Sp80:Dc (1:1:1 molar ratio) prepared by Thin Film Hydration method (TFH). Tw80: tween[®] 80; Sp80: span[®] 80; Dc: dodecanol. Dialysis (10 MWCO membranes) and gel filtration (Sephadex G25 or Sepharose CL-4B, depending on the compound) were used as purification methods.

Figure 5. Nanoparticle Tracking Analysis (NTA) of the three different hydration solution based niosomes after and before SEC purification. MQ and GLY vesicles were purified using Sephadex G25 and PEG vesicles by Sepharose CL-4B.

Table 1. Chromatography mediums used for gel filtration based purification of loaded niosomes.

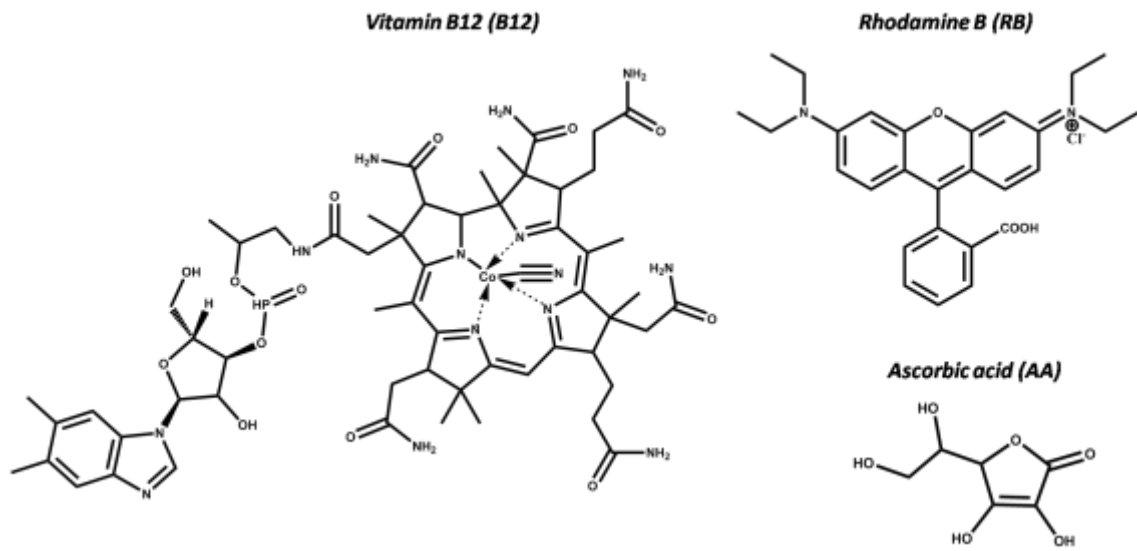


Figure 1

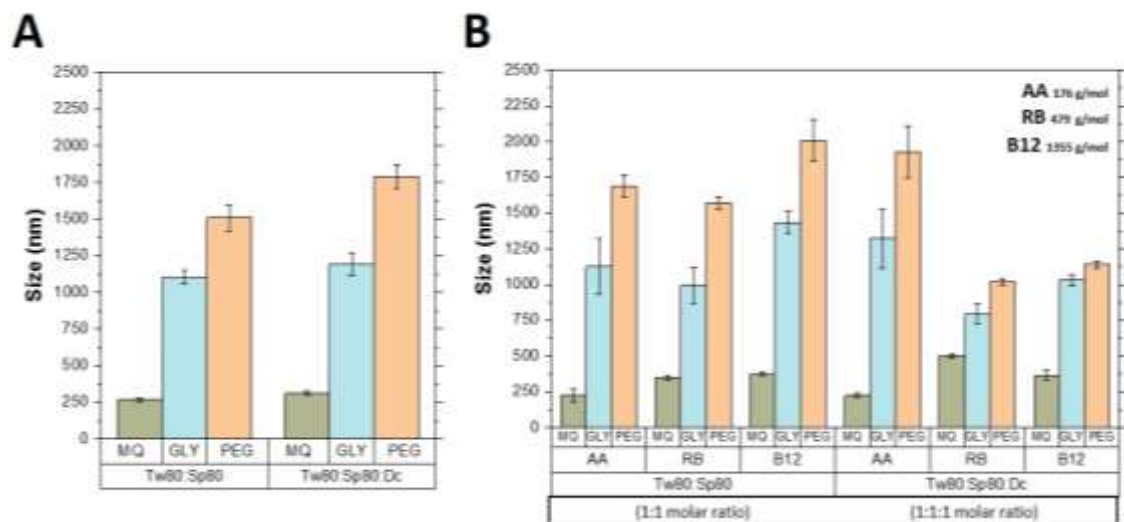


Figure 2

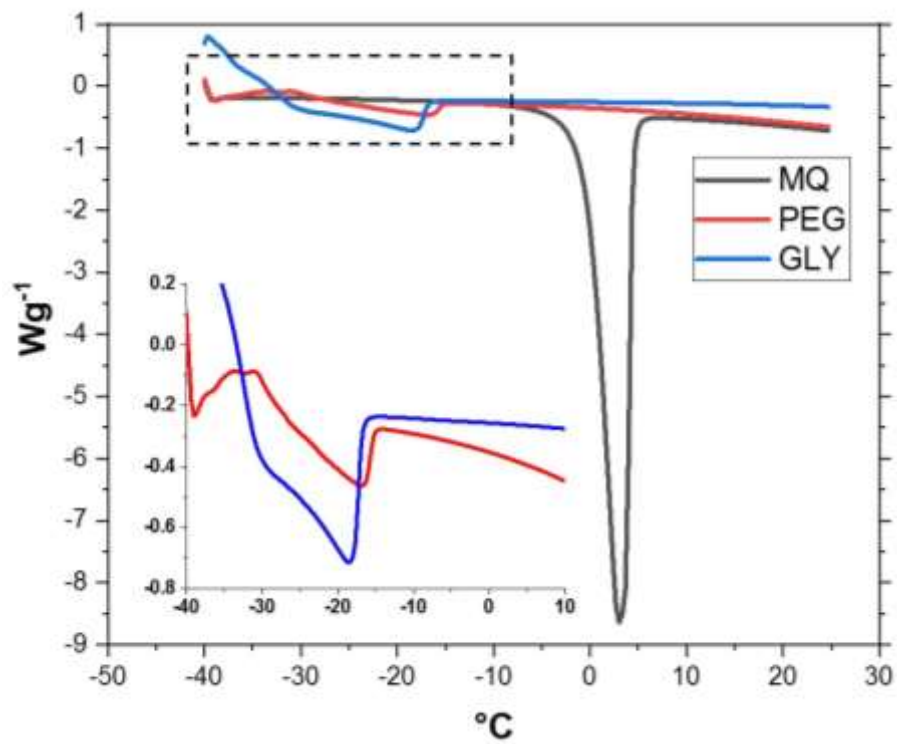


Figure 3

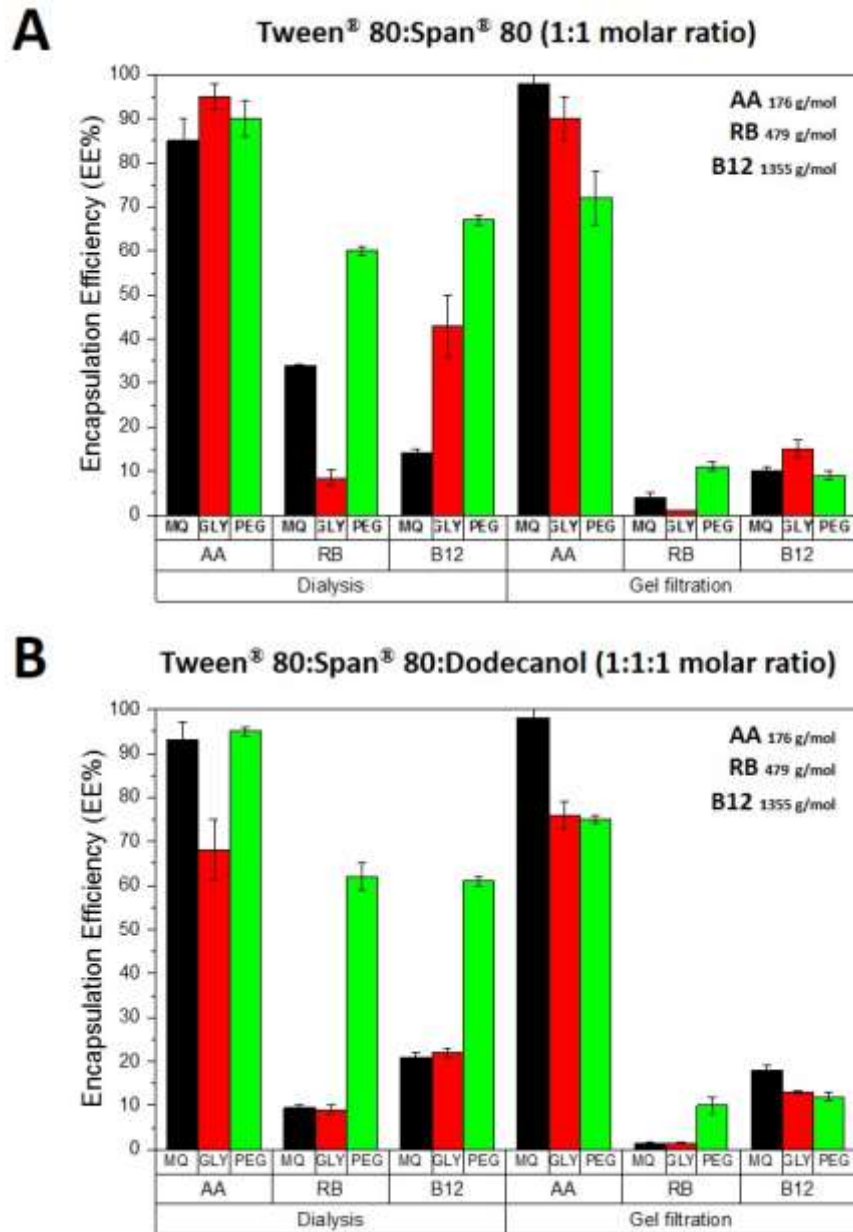


Figure 4

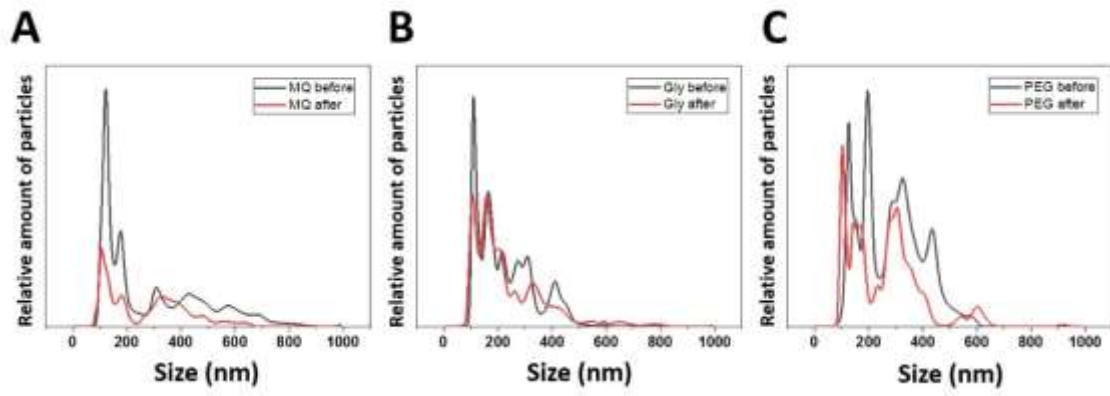


Figure 5

Table 1

Component Encapsulated	Hydration media	Gel filtration medium used
Ascorbic acid	MilliQ	Sephadex G25
	MilliQ/GLY	Sephadex G25
	MilliQ/PEG	Sephadex G25
Rodamine	MilliQ	Sephadex G25
	MilliQ/GLY	Sephadex G25
	MilliQ/PEG	Sepharose CL-4B 25
Vitamin B12	MilliQ	Sephadex G25
	MilliQ/GLY	Sephadex G25
	MilliQ/PEG	Sepharose CL-4B 25

Supplementary material

Effect of drug molecular weight on niosomes size and encapsulation efficiency

Pablo García-Manrique^{1,2*}, Noelia D. Machado^{3,4*}, Mariana A. Fernández^{3,4}, María Carmen Blanco-López¹, María Matos², Gemma Gutiérrez²

¹*Department of Physical and Analytical Chemistry, University of Oviedo; Spain*

²*Department of Chemical Engineering and Environmental Technology, University of Oviedo; Spain*

³*Universidad Nacional de Córdoba, Facultad de Ciencias Químicas, Departamento de Química Orgánica, Córdoba, Argentina*

⁴*Consejo Nacional de Investigaciones Científicas y Técnicas (CONICET), INFIQC, Córdoba, Argentina*

** Both authors contributed equally to this article*

Corresponding author: *E-mail address:* gutierrezgemma@uniovi.es

Table S1. Comparison on size between empty Tw80:Sp80 and Tw80:Sp80:Dc niosomes in all media using *t*-Student test.

Media	T value	P value
MQ	-3.99	0.001
MilliQ/GLY	-2.21	0.040
MilliQ/PEG	-7.95	<0.0001

Table S2. Particle size, polydispersity index and zeta potential of all formulations used for empty and loaded vesicles

Formulation	Hydration media	Encapsulated compound	Size (nm)	PDI	Zeta Potential (mV)
Tw80:Sp80	MilliQ	Empty	267±10	0.47±0.05	-24.2±2.1
		Ascorbic acid	226±42	0.60±0.10	-3.40±0.8
		Rodamine	349±13	0.50±0.07	-3.78±1.1
		Vitamin B12	373±11	0.63±0.02	-7.35±1.2
	MilliQ/GLY	Empty	1104±48	0.50±0.12	-0.26±0.6
		Ascorbic acid	1127±194	0.57±0.09	-0.62±0.2
		Rodamine	996±128	0.26±0.04	-0.63±0.4
		Vitamin B12	1434±74	0.33±0.01	-2.45±1.2
	MilliQ/PEG	Empty	1509±89	0.32±0.11	-3.51±1.1
		Ascorbic acid	1688±77	0.30±0.08	0.27±0.3
		Rodamine	1571±41	0.30±0.10	0.22±0.7
		Vitamin B12	2009±148	0.46±0.04	-0.39±0.9
Tw80:Sp80:Dc	MilliQ	Empty	312±16	0.50±0.10	-24.8±3.1
		Ascorbic acid	224±14	0.50±0.10	-2.86±1.2
		Rodamine	503±17	0.33±0.01	-4.24±3.2
		Vitamin B12	366±34	0.44±0.09	-12.1±1.2
	MilliQ/GLY	Empty	1192±78	0.30±0.10	-3.2±0.5
		Ascorbic acid	1322±208	0.30±0.20	-0.44±0.7
		Rodamine	796±67	0.30±0.10	-1.44±0.7
		Vitamin B12	1030±46	0.35±0.01	-3.37±0.6
	MilliQ/PEG	Empty	1189±81	0.28±0.08	-0.41±0.1
		Ascorbic acid	1930±183	0.70±0.10	-0.41±0.7
		Rodamine	1017±24	0.60±0.10	-0.32±0.4
		Vitamin B12	1143±23	0.54±0.01	-0.51±0.2

Table S3. Comparison on EE between loaded Tw80:Sp80 and Tw80:Sp80:Dc niosomes in all media using *t*-Student test. (70 % of p values < 0.05)

Gel filtration						
Media	AA		RB		B12	
	T value	P value	T value	P value	T value	P value
MQ	-0.93	0.382	4.44	0.001	-8.88	<0.0001
MilliQ/GLY	6.84	<0.0001	-10.03	<0.0001	2.91	0.016
MilliQ/PEG	-0.69	0.522	0.93	0.376	-2.61	0.026

Dialysis						
Media	AA		RB		B12	
	T value	P value	T value	P value	T value	P value
MQ	-2.53	0.039	29.87	<0.0001	-6.79	<0.0001
MilliQ/GLY	11.78	<0.0001	-1.03	0.325	-4.67	0.002
MilliQ/PEG	-2.36	0.050	-1.96	0.079	6.48	<0.0001

Table S4 Comparison on EE obtained by Gel filtration and Dialysis in all media using *t*-Student test. (94 % of p values < 0.05)

Tw80:Sp80						
Media	AA		RB		B12	
	T value	P value	T value	P value	T value	P value
MQ	4.46	0.001	-30.81	<0.0001	-4.90	0.001
MilliQ/GLY	-3.14	0.011	-97.64	<0.0001	-10.83	<0.0001
MilliQ/PEG	-5.86	<0.0001	-50.66	<0.0001	-61.10	<0.0001

Tw80:Sp80:Dc						
Media	AA		RB		B12	
	T value	P value	T value	P value	T value	P value
MQ	4.39	0.001	-26.72	<0.0001	0.45	0.665
MilliQ/GLY	3.83	0.003	-12.88	<0.0001	-51.70	<0.0001
MilliQ/PEG	-19.59	<0.0001	-42.50	<0.0001	-45.37	<0.0001

Figure S1, S2 and S3 are graphs for the multiple comparison test using the Tukey method. Vertical line indicates the zero value and if an interval does not contain zero, the corresponding means are significantly different.

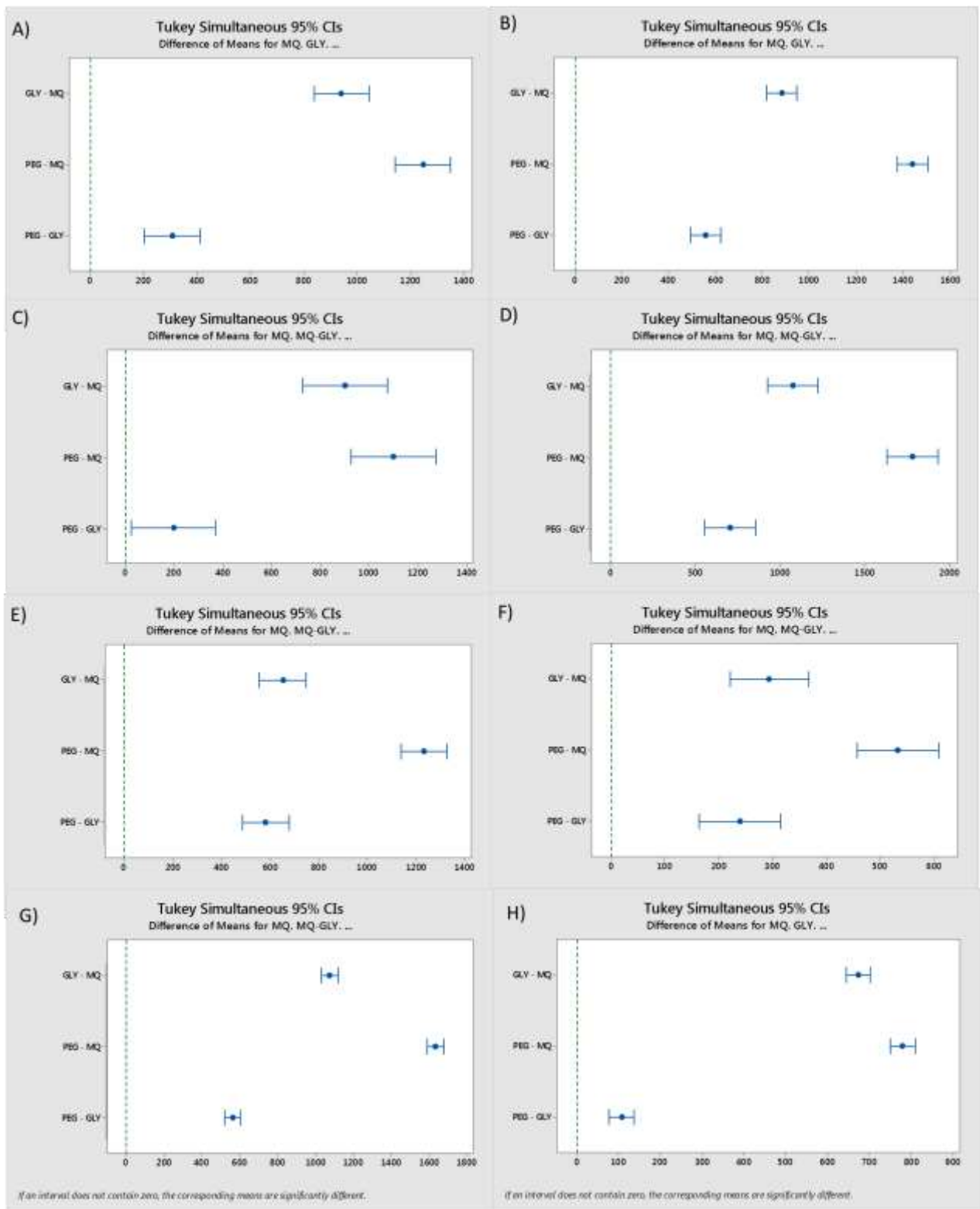


Figure S. 1. Size analysis using Tukey test for niosomes in different media. A), C), E) and G) corresponds to Tw80:Sp80 niosomes, and B), D), F) and H) corresponds to Tw80:Sp80:Dc niosomes. A, B) Empty, C, D) with AA; and E, F) with RB, G, H) with B12.

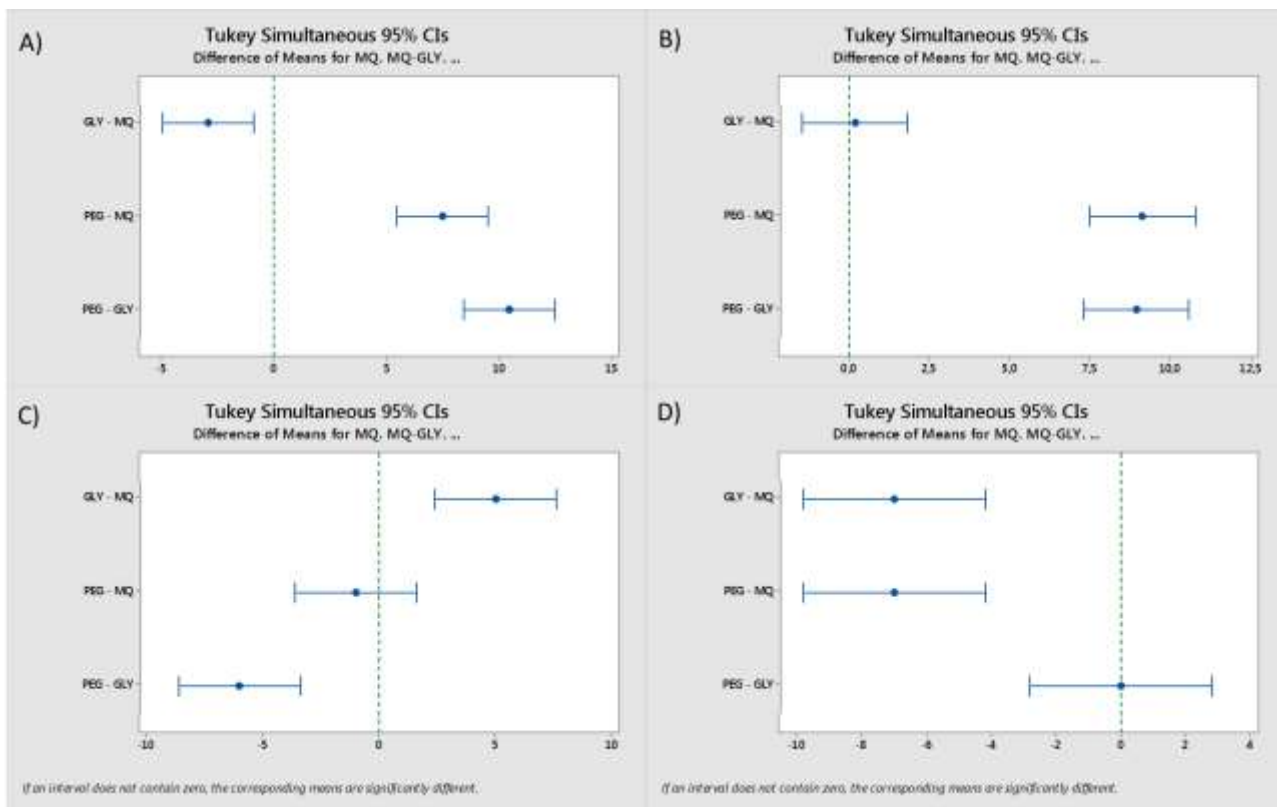


Figure S. 2. EE analysis using Tukey test for niosomes in different media obtained by Gel Chromatography. A, C) corresponds to Tw80:Sp80 niosomes; B, D) corresponds to Tw80:Sp80:Dc niosomes. A, B) with RB; and C, D) with B12.

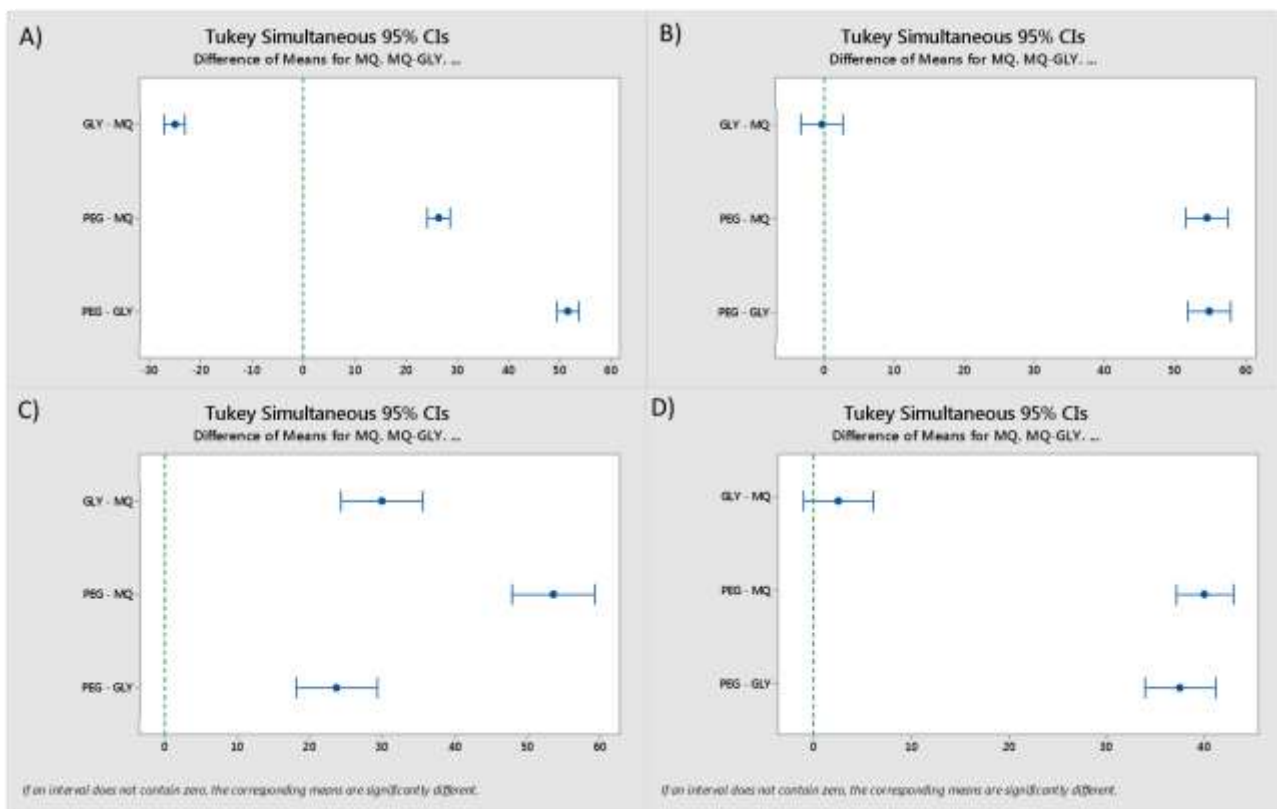


Figure S. 3. EE analysis using Tukey test for niosomes in different media obtained by Dialysis. A, C) corresponds to Tw80:Sp80 niosomes; B, D) corresponds to Tw80:Sp80:Dc niosomes. A, B) with RB; and C, D) with B12.