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S. Weng: investigation & methodology

A. López: investigation & methodology

S. Sáez-Orviz: methodology & formal analysis.

I. Marcet: conceptualization, writing-original draft & editing

P. García: conceptualization

M. Rendueles: supervision & funding acquisition

M. Díaz: supervision & funding acquisition

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1 **Effectiveness of bacteriophages incorporated in gelatine films**
2 **against *Staphylococcus aureus***

3 Shihan Weng¹, Abel López¹, Sara Sáez-Orviz¹, Ismael Marcet¹, Pilar García²,
4 Manuel Rendueles^{1*}, Mario Díaz¹

5 ¹ Department of Chemical and Environmental Engineering, University of Oviedo. C/
6 Julián Clavería 8, 33006 Oviedo (Spain).

7 ² Instituto de Productos Lácteos de Asturias (IPLA-CSIC). Paseo Río Linares s/n 33300
8 - Villaviciosa, Asturias, Spain; DairySafe Group. Instituto de Investigación Sanitaria del
9 Principado de Asturias (ISPA), Oviedo (Spain).

10 *Corresponding author

11 E-mail address: mrenduel@uniovi.es (M. Rendueles)

12 **Highlights:**

- 13 • Bacteriophage phiIPLA-RODI in gelatine films remained active against *S.*
14 *aureus*.
- 15 • Films' physical properties were unaffected by incorporation of bacteriophages.
- 16 • The use of a gelatine-free solution of phages was the least effective treatment.
- 17 • Coatings showed better antimicrobial performance than previously dried films.

18

19 **ABSTRACT**

20 The use of antibiotics in the food industry is declining due to the emergence of resistant
21 bacteria. Thus, the use of bacteriophages may provide a suitable alternative, since it
22 allows the selective elimination of microorganisms. Another issue that faces the
23 industry is concern about the difficulty of removing petroleum-derived plastics from the

24 environment. This problem makes the search for new food packaging materials with
25 extended properties a necessity. In this study, edible gelatine films containing
26 bacteriophages were produced, and the effects of increasing concentrations of
27 bacteriophages on the light transmission, water vapour permeability, solubility and
28 mechanical properties of the films were characterised; in addition, micrographs of
29 transverse film sections were made and analysed. Finally, with the purpose of
30 assessing the influence of the manner of application and the antimicrobial properties of
31 the prepared packaging materials, pieces of cheese previously contaminated with
32 *Staphylococcus aureus* were either coated by immersion in the film-forming solution or
33 wrapped directly with gelatine films loaded with bacteriophages. According to the
34 results obtained, the physical properties of the films remained unaltered, irrespective of
35 the bacteriophage concentration. The pieces of cheese immersed in the film-forming
36 solution showed higher microbial reduction than the pieces of cheese wrapped with
37 previously dried films. Overall, the packaging materials prepared possessed
38 concentration-dependant antimicrobial properties, but the results obtained underline
39 the importance of the manner of application of the bacteriophages on the foodstuff in
40 maximizing their antimicrobial properties.

41 **Keywords:** packaging, edible films, antimicrobial properties, bacteriophages,
42 *Staphylococcus aureus*, cottage cheese.

43 1. INTRODUCTION

44 Edible films in the food industry must provide a barrier against humidity and oxygen,
45 and prevent the movement of solids out of the food matrix (Guilbert, Gontard, & Cuq,
46 1995). These edible films are usually prepared with natural, totally biodegradable
47 polymers, and they must meet certain requirements to be useful in this role. Thus, in
48 addition to their barrier properties, edible films must maintain the colour and
49 appearance of the food they wrap, they must have the mechanical strength to be
50 handled and to support the pieces of food they contain, and they must be harmless

51 when they are consumed together with their contents. These properties depend on the
52 raw materials selected to prepare the films, their fabrication process and finally, the
53 mode of application (Guilbert, Gontard, & Gorris, 1996). Among the biopolymers that
54 have been considered for preparing these films, polysaccharides and proteins must be
55 highlighted, and among them, edible films based on gelatine occupy an important
56 position, as is clear from the extensive research reported in the literature on this
57 subject (Etxabide, Uranga, Guerrero, & de la Caba, 2017).

58 Gelatine is produced by the thermal hydrolysis or physical and chemical degradation of
59 collagen, a protein widely present in the bones and skin of animals (Avila-Rodríguez,
60 Rodríguez-Barroso, & Sánchez, 2018). Gelatine possesses a high degree of
61 biocompatibility and biodegradability, and it has been widely used in the food industry
62 as a gelling agent and as an ingredient that stabilises foams and emulsions.
63 Furthermore, films prepared using gelatine are transparent and mechanically strong
64 enough to coat pieces of food effectively; moreover, the properties of these films can
65 be easily improved by introducing bioactive compounds in their formulation. To this
66 end, Sáez-Orviz et al. (2020) prepared gelatine films loaded with polylactic acid
67 nanoparticles with antimicrobial properties, Kanmani et al. (2014) blended gelatine with
68 silver nanoparticles to prepare antimicrobial composite films, and Neira et al. (2019)
69 prepared edible fish gelatine films with added carvacrol, increasing the storage period
70 of breaded hake medallions. Other authors have added red cabbage extracts (Musso,
71 Salgado, & Mauri, 2019), eugenol (Dammak & Sobral, 2019), pomegranate peel
72 powder (Hanani, Yee, & Nor-Khaizura, 2019) or tea extracts (Wu, et al., 2013) to
73 gelatine films to give them different functional properties. In this regard, bacteriophages
74 are an antimicrobial agent gaining interest among the scientific community. They are a
75 group of viruses that are able to infect and to lyse bacteria with high specificity, so they
76 are harmless to animals, plants or any bacteria other than the specific bacterial strain
77 recognised by each particular species of bacteriophage. Because of this,

78 bacteriophages have been used in a wide range of biotechnology applications since
79 they were discovered in 1915 (Sillankorva, Oliveira, & Azeredo, 2012). Furthermore,
80 bacteriophages occur naturally on the surface of many foodstuffs, so they are
81 frequently consumed by humans with no health risk, and moreover, there are already
82 several commercial phage cocktails such as EcoShield™, Salmo Fresh™, and
83 ListShield™ approved by the FDA for their application directly on foodstuffs
84 (Sadekuzzaman, Yang, Mizan, Kim, & Ha, 2017). In this sense, several authors have
85 taken advantage of the antimicrobial properties of bacteriophages to prepare different
86 films and coatings to cover foodstuffs. The biopolymers that have been used for this
87 purpose are sodium alginate (Alves, Cerqueira, Pastrana, & Sillankorva, 2020; Alves,
88 et al., 2019), xanthan gum coating a polylactic acid film (Radford, et al., 2017), chitosan
89 (Amarillas, et al., 2018; Cui, Yuan, & Lin, 2017), whey protein (Vonasek, Le, & Nitin,
90 2014), methylcellulose (Kalkan, 2018), and acetate cellulose (Gouvêa, Mendonça,
91 Soto, & Cruz, 2015). Although all these papers are relevant to the food technology
92 field, none of them assess how an increasing concentration of bacteriophages might
93 affect the film matrix, and furthermore, regarding the antimicrobial properties of the
94 packaging materials, neither do they seek to investigate whether wrapping food with a
95 previously dried film is more or less effective than a coating prepared by submerging
96 the piece of food in the same film-forming solution used to create the dried film.

97 In this study several concentrations of the bacteriophage phiPLA-RODI, which was
98 discovered in a sewage treatment plant in Asturias, Spain, and is able to lyse the food-
99 poisoning bacteria *S. aureus* (Gutiérrez, et al., 2015), were mixed with gelatine and
100 glycerol to prepare film-forming solutions. These film-forming solutions were used to
101 prepare edible films, in which the effect of the bacteriophages on the film matrix was
102 assessed; furthermore, in order to test the influence of the method of application of the
103 bacteriophages on their antimicrobial activities in a real-case scenario, previously

104 contaminated pieces of cheese were alternatively coated by immersion in the film-
105 forming solution or wrapped with previously dried films.

106

107 **2. MATERIALS AND METHODS**

108 **2.1. Preparation of gelatine films with phiIPLA-RODI bacteriophage**

109 The stock of bacteriophage phiIPLA-RODI (Gutiérrez, et al., 2015) in TSB (Tryptic Soy
110 Broth, ref. 22902, Sigma-Aldrich, Germany) medium with a titre of 7×10^8 PFU/mL and
111 the strain *S. aureus* IPLA1 isolated from contact surfaces of the dairy industry
112 (Gutiérrez, et al., 2012) were kindly donated by the Dairy Research Institute of Asturias
113 IPLA-CSIC (Asturias, Spain).

114 To prepare the film-forming solutions, gelatine (gelatine from porcine skin, G1890,
115 Sigma-Aldrich) and glycerol in water were solubilised by heating the mixture at 50 °C
116 for 20 minutes under continuous stirring. Then, this solution was cooled to 40 °C and
117 filtered using a 0.45 µm pore size syringe filter under aseptic conditions. Afterwards,
118 different volumes of the bacteriophage stock were added and gently stirred for 5
119 minutes, so as to obtain final concentrations of gelatine and glycerol for every film-
120 forming solution with bacteriophages of 10% and 2% (w/v) respectively. The final
121 concentrations of bacteriophages tested in the film-forming solution were 1.75×10^8
122 PFU/mL (GF1), 1.16×10^8 PFU/mL (GF2) and 6.35×10^7 PFU/mL (GF3). A control
123 sample with no bacteriophages was also assessed. Finally, every film-forming solution
124 was poured into a Petri dish in such a way that 0.11 mL was cast per cm² of Petri dish
125 surface. The films, still in their Petri dish moulds, were dried in a laminar flow chamber
126 for 2 days at room temperature and then completely removed from the dishes as single
127 intact discs.

128 **2.2. Physical properties of gelatine films loaded with increasing concentrations** 129 **of bacteriophages**

130 **2.2.1. Light transmission and transparency**

131 The barrier properties of the films against ultraviolet and visible light were assessed
132 according to Dick et al. (2015). Briefly, films were cut into rectangular pieces and
133 placed in a spectrophotometer test cell. The light transmission of the samples was
134 tested using a Helios gamma spectrophotometer (Thermo Fisher Scientific, USA), from
135 280 to 800 nm, with an empty test cell as reference. The transparency of the films was
136 calculated according to equation 1:

$$137 \text{ Transparency} = A_{600}/x \quad (1)$$

138 Where A_{600} is the absorbance of the film sample at 600 nm and x is the film thickness
139 (mm).

140 A digital micrometer (Mitutoyo C., Japan), with a precision of $\pm 1 \mu\text{m}$, was used to
141 measure the thickness of the films. This thickness was measured in five different areas,
142 one of them in the centre of the film and the other four around the film perimeter.

143 **2.2.2. Mechanical properties**

144 The mechanical properties of the gelatine films loaded with bacteriophages were tested
145 by means of a puncture test according to the methodology described by Sobral et al.
146 (2001), and using a TA.XT.plus Texture Analyser (Stable Microsystems, UK) equipped
147 with a 5 kg load cell and a 5 mm diameter probe (P/5S). For this purpose, the films
148 were cut into 4 x 2 cm strips and placed in the texture analyser between two plates.
149 These plates have a hole, allowing contact between the film sample and the probe,
150 which can stretch the film to breaking. In this case, the probe speed was 1 mm/s and
151 the puncture strength (PS) and puncture deformation (PD) values were obtained
152 according to equations 2 and 3 (Otero-Pazos, et al., 2016):

$$153 PS = Fm/Th \quad (2)$$

$$154 PD = (\sqrt{D^2 + R^2} - R)/R \quad (3)$$

155 Where F_m is the maximum force applied before the film breaks, Th is the film
156 thickness, D is the distance covered by the probe while it is in contact with the film until
157 the film is broken, and R is the radius of the orifice in the plates.

158 **2.2.3. Water vapour permeability and solubility**

159 Polyvinyl chloride cups were filled with distilled water and sealed with films that had
160 been cut into circles with the same diameter as the cup mouth. A height of 1 cm was
161 left between the water surface and the gelatine films, and the thickness of the film
162 samples was measured. The samples used in this experiment were visually checked
163 and films with pinholes or breakages were discarded. Finally, the containers were
164 weighed, placed in desiccators with silica gel, and the change in their weights was
165 registered every hour for 7 h. The weight loss was plotted against time and the water
166 vapour transmission rate (WVTR) was calculated according to equation 4:

$$167 \quad WVTR = G/(t \times A) \quad (4)$$

168 Where G/t is the change in the weight of the cup per unit of time (g/h) and A (m²) is the
169 area of the cup mouth covered by the film.

170 These WVTR values can be used to calculate the water vapour permeability (WVP) by
171 means of equation 5:

$$172 \quad WVP = (WVTR \times Th)/\Delta P \quad (5)$$

173 Where Th (mm) is the film thickness and ΔP (kPa) is the difference in partial pressure
174 between the two faces of the film.

175 The solubility measurement was conducted according to Marcet et al. (2017), with
176 some minor modifications. Briefly, gelatine films loaded with bacteriophages were cut
177 into circles of 2 cm diameter, and their dry weight was obtained by drying them at 80 °C
178 in an oven for 24 h.

179 Other intact film circles were immersed in a buffered solution of Trizma 0.1 M pH 7.0 at
180 room temperature and, after 24 h, the undissolved film remains were recovered by

181 vacuum filtration using Whatman n° 1 paper that had been weighed previously. Finally,
182 the paper, together with the remains, was dried at 80 °C for 24 h and weighed. The
183 following equation was used to calculate the percentage of undissolved film:

$$184 \quad S(\%) = (m1 - m2/m1) \times 100 \quad (6)$$

185 Where $S(\%)$ is the percentage of solubilised film, $m1$ is the initial dry weight of the film
186 and $m2$ is the dry weight of the non-solubilised film remains.

187 **2.2.4. Scanning electron microscopy (SEM)**

188 Micrographs were taken with a JSM-6610LV (JEOL, USA) scanning electron
189 microscope with the aim of studying the microstructure of the transverse section of the
190 gelatine films loaded with bacteriophages. For that purpose, film samples were cut into
191 square pieces of 1 x 1 cm using a surgical blade. These films were attached
192 perpendicularly around stubs using double-sided carbon-based tape as adhesive and
193 then the films were gold-sputter-coated for 5 min in an argon atmosphere. The
194 magnification used to observe the transverse section of the films was $\times 900$, and the
195 voltage was set at 20 kV.

196 **2.3. Antimicrobial activity of films and coatings**

197 **2.3.1. In vitro antimicrobial activity of films**

198 In order to determine the inhibitory capacity of phiIPLA-RODI in the films after the
199 drying step, a test was performed in TSB liquid medium. For that purpose, a 0.4 g
200 piece of each of the films prepared with the different bacteriophage concentrations
201 described in section 2.1. was immersed in 100 mL of TSB medium with an initial
202 concentration of 10^6 CFU/mL of *S. aureus* IPLA1. Therefore, once the pieces of film
203 were dissolved in TSB, the concentrations of bacteriophages in the liquid medium were
204 5.25×10^6 PFU/mL (GF1-TSB), 3.48×10^6 PFU/mL (GF2-TSB) and 1.90×10^6 PFU/mL
205 (GF3-TSB). Furthermore, a film made exclusively from gelatine was tested in the same
206 conditions (G), and another control sample with just TSB infected with *S. aureus* was

207 also assessed (WB). These samples were incubated for 17 h at 37 °C, under orbital
208 stirring at 250 rpm. Afterwards, the liquid media were diluted with 0.7% NaCl and
209 seeded in Baird-Parker agar medium enriched with egg yolk tellurite emulsion (Sigma-
210 Aldrich, USA), a *Staphylococcus*-selective agar medium. After 48 h of incubation at 37
211 °C, the colonies were counted, and the results expressed as log₁₀ CFU/mL.

212 **2.3.2. Antimicrobial properties of films and coatings on cheese pieces** 213 **contaminated with *S. aureus***

214 To investigate the antimicrobial activity of the films and coatings, 100 g of fresh cheese
215 was purchased in a local market and divided into several cylindrical pieces of 1 g using
216 a hollow punch. Afterwards, every piece of cheese was infected with 100 µL of 10⁵
217 CFU/mL of *S. aureus* in 0.7% NaCl. These contaminated pieces of cheese were then
218 each submitted to one of the following treatments:

219 a) The bacteriophage stock solution was diluted in TSB to the same concentration
220 as GF1, GF2 and GF3 for the film-forming solutions described in section 2.1.
221 (1.75×10⁸ PFU/mL (GF1), 1.16×10⁸ PFU/mL (GF2) and 6.35×10⁷ PFU/mL
222 (GF3)) and, for every concentration prepared, three contaminated pieces of
223 cheese were tested. For that purpose, the pieces of cheese were immersed in
224 one of these solutions, stirred gently by hand for 3 min, recovered and saved in
225 tightly closed polypropylene tubes under refrigeration (4 °C). A control sample
226 with contaminated cheese and immersed in TSB but without bacteriophages
227 was also tested.

228 b) Contaminated pieces of cheese were immersed in gelatine film-forming
229 solutions with bacteriophages at the GF1, GF2 and GF3 concentrations (as
230 described in section 2.1.). After 3 min, the pieces were recovered, dried at room
231 temperature for 10 minutes, and saved in polypropylene tubes at 4 °C. A control
232 sample with contaminated cheese immersed in gelatine with no bacteriophages
233 was also assessed.

234 c) Gelatine films loaded with different proportions of bacteriophages were
235 prepared as was described in section 2.1. These films were used to wrap the
236 contaminated pieces of cheese, thermosealed, and stored at 4 °C.

237 In all cases, samples were taken at time 0 and after 3 and 6 days, a characteristic
238 sampling time for this type of food product (Amatiste, et al., 2014). The pieces of
239 cheese to be sampled were placed in sterilised plastic bags with 10 mL of 0.7% NaCl
240 and triturated using a Stomacher (IUL Instruments, Barcelona, Spain) for 120 s. Finally,
241 the liquid sample was diluted and seeded in Baird-Parker medium with 2% agar. After
242 48 h of incubation at 37 °C the colonies were counted, and the results expressed as
243 \log_{10} CFU/mL.

244 **2.4. Statistical analysis**

245 Analysis of variance (ANOVA) was applied. Least significant differences (LSD) were
246 calculated by Fisher's test to determine significant differences between the tested
247 samples. These analyses were performed using Statgraphics® V.15.2.06 statistical
248 software.

249 **3. RESULTS AND DISCUSSION**

250 **3.1. Physical properties of gelatine films loaded with increasing concentrations** 251 **of bacteriophages**

252

253 **3.1.1. Visual aspect of the films, light transmission and transparency**

254 The prepared films were easily peeled from the Petri dishes in one piece and were
255 homogeneous and easy-to-handle in every case tested; moreover, they were found to
256 be neither brittle nor sticky. Their visual appearance is shown in Figure 1, and it was
257 noticeable that all of them were completely transparent, with no visual difference

258 between the control and the samples loaded with bacteriophages, even at the highest
259 bacteriophage concentration tested.

260

261

262 The transmittance values for the films at 280 nm were lower than at the other
263 wavelengths tested (Table 1), which could be explained by the presence of aromatic
264 amino acids in the gelatine's composition. However, in comparison with other edible
265 protein-based films, such as those prepared using delipidated egg yolk proteins
266 (Marcet, et al., 2017), these light transmission values at 280 nm could be considered
267 high. This is because, although these aromatic amino acids are present, their
268 contribution to the primary structure of the gelatine peptides is low in comparison to
269 that found in the components of other protein-based films. To be more specific, pork
270 skin gelatine protein contains just 3 amino acid residues of tyrosine, 14 of
271 phenylalanine, and no tryptophan per 1000 amino acids. (Zhou, Mulvaney, &
272 Regenstein, 2006). In fact, a slight difference can be observed between the light
273 transmission properties of the films tested; the film with the highest concentration of
274 bacteriophages in its composition showing the lowest values at every wavelength
275 tested. These differences can also be observed in the transparency value, for which
276 the higher the concentration of bacteriophages, the lower was the transparency value.
277 However, although these differences were measurable, they were not great enough to
278 be appreciated by visual inspection.

279 **3.1.2. Mechanical properties**

280 The mechanical properties of the gelatine films loaded with bacteriophages are shown
281 in Table 2. In this case, no statistical difference was detected between any of the films
282 tested. They all showed a statistically similar thickness, PS and PD value. The
283 bacteriophage philPLA-RODI is a *Myoviridae*, which belongs to the *Spounavirinae*

284 subfamily (Gutiérrez, et al., 2015); the members of this family possess heads of 87-94
285 nm diameter and tails that are 140-219 nm long (Lavigne, et al., 2009). So, taking into
286 consideration the thickness of the gelatine film, the dimensions of one bacteriophage
287 are small enough not to produce any disruption in the protein packaging film; however,
288 a high bacteriophage concentration may lead to structural problems in the film matrix,
289 since the protein chain packaging involves forces such as disulphide bonds,
290 hydrophobic interaction, electrostatic forces and hydrogen bonds (Wihodo & Moraru,
291 2013). These compacting forces can be weakened if the bacteriophages introduce
292 sufficient heterogeneity into the film matrix to hinder the physical approach of the
293 protein chains. In this study, a stock with a bacteriophage concentration of 7×10^8
294 PFU/mL was used, but this number cannot be related to a particular number of
295 bacteriophage particles, and in any case, the results obtained indicate that the phage
296 concentrations used in these films were too low to produce any effect on either the
297 strength or the flexibility of the gelatine films prepared, even for the films with the
298 highest concentration of bacteriophages. Similar findings were reported by other
299 authors, and in this regard, Gouvêa et al. (2015) did not find any statistical difference in
300 the values of the PS parameter between control films prepared using acetate cellulose
301 and those prepared with acetate cellulose and bacteriophages.

302

303 **3.1.3. Water vapour permeability (WVP) and solubility**

304 The WVP of biopolymer-based films depends on several factors, such as the kind and
305 concentration of biopolymer used, the kind of plasticiser, and the amount and nature of
306 the additives included in the film matrix to extend their functional properties.
307 Furthermore, there are two models to explain the water barrier properties of a protein-
308 based film, one of which refers to the formation of voids in the internal structure of the
309 film matrix during the drying step (Ukai, Ishibashi, Tsutsumi, & Marakami, 1976), while
310 the other involves the formation of water micropathways, which are a result of the

311 hydrophilic nature of the polymer matrix itself (Krochta, 1990). Therefore, it is a film
312 property that is closely related to the microstructure of a protein-based film. In these
313 experiments, as is shown in Table 3, the incorporation of bacteriophages in the film
314 matrix did not produce any effect on the WVP of the gelatine films tested, which
315 suggests that there was no alteration of the film microstructure caused by the presence
316 of bacteriophages at the concentrations tested. Similar results were obtained by Alves
317 et al. (2020), who found no statistically significant differences in this parameter
318 between sodium alginate films with bacteriophages and those prepared without
319 bacteriophages used as control.

320 The solubility values of the films are also shown in Table 3. In this case as well, the
321 incorporation of the bacteriophage did not produce any statistically significant change
322 in the parameter assessed, which supports the previous suggestion that the addition of
323 bacteriophages to the film-forming solution did not change the overall hydrophilicity of
324 the films produced.

325

326 **3.1.4. Scanning electron microscopy (SEM)**

327 Micrographs of the gelatine films loaded with bacteriophages are shown in Figure 2.
328 Their microstructure was seen to be similar for every sample tested, showing a smooth,
329 compact, continuous film matrix, similar to other gelatine film micrographs found in the
330 literature (Ge, Wang, Shi, & Yin, 2012). As was suggested in the tests performed
331 before, the incorporation of bacteriophages did not produce any noticeable change in
332 the film microstructure.

333

334 **3.2. Antimicrobial activity of films and coatings**

335 **3.2.1. In vitro antimicrobial activity of films**

336 *S. aureus* IPLA1 growing free in a TSB liquid medium reached a mean concentration of
337 3.85×10^9 CFU/mL after 17 h of incubation at 37 °C (Figure 3, sample WB), while a
338 similar value to that was obtained for the contaminated TSB liquid medium treated with
339 gelatine film without bacteriophages (G), confirming that gelatine proteins do not have
340 any growth-inhibiting effect on *S. aureus* IPLA1. On the other hand, every microbial
341 assay performed with gelatine films loaded with phiIPLA-RODI at any of the
342 concentrations tested showed a decrease in the microbial load at the end of the test. In
343 this case, samples GF2-TSB and GF3-TSB exerted a similar effect on the microbial
344 population, producing a reduction of five log units in the microbial load. The best result
345 was achieved with the GF1-TSB sample, which contained the highest concentration of
346 bacteriophages tested and consequently, reduced the viable counts to 70 CFU/mL.
347 These results show that the antimicrobial activity of the bacteriophage phiIPLA-RODI
348 remains after the film-forming solution drying step and therefore, that the incorporation
349 of bacteriophages in films allows them to conserve their infective capacity. It is also
350 shown that the activity is dependent on the concentration of bacteriophages included in
351 the film matrix. Similar antimicrobial properties and results were also observed by other
352 authors employing other bacteriophages in different types of films, such as whey-
353 protein (Vonasek, et al., 2014), sodium alginate (Alves, et al., 2019) and acetate
354 cellulose (Gouvêa, et al., 2015).

355 **3.2.2. Antimicrobial properties of films and coatings on cheese pieces** 356 **contaminated with *S. aureus*.**

357 The films analysed in the previous section were used to wrap contaminated pieces of
358 cheese and then thermosealed. However, it is also possible to prepare an edible
359 coating with the same film-forming solution by immersing the foodstuff pieces in it, and
360 recovering them in such a way that a thin layer of edible film is formed on their surface
361 (Lacroix & Vu, 2014). Therefore, to test the inhibitory effect of the films on a real food
362 model and to investigate the repercussions of the way these gelatine-based packaging

363 materials are applied, three different tests were carried out, using previously
364 contaminated pieces of cheese.

365 In the first experiment, contaminated pieces of cheese were directly immersed in TSB
366 liquid medium with the same bacteriophage concentrations as the film-forming
367 solutions prepared according to section 2.1 (Figure 4A). In the case of the GF1 and
368 GF2 bacteriophage concentrations, on day 3 a slight decrease in the concentration of
369 *S. aureus* was observed, and the populations remained almost constant until day 6.
370 The final concentration of *S. aureus* for the cheese pieces immersed in the liquid with
371 the highest concentration of bacteriophage (GF1) was 407 CFU/g, which was similar to
372 the value for sample GF2 (524 CFU/g). The lowest bacteriophage concentration tested
373 (GF3) resulted in a microbial load at the end of the test similar to that for the control
374 sample.

375 In the second experiment, the cheese pieces were coated with a gelatine solution
376 containing different concentrations of bacteriophages (GF1, GF2 and GF3) (Figure 4B).
377 The gelatine coating formed around the cheese pieces is distributed evenly over the
378 entire surface with a similar appearance in all cases (Figure 5A). As regards the
379 inhibitory effect, a decrease in microbial load was observed in all cases, but it was
380 slightly more pronounced for GF1, with a final value of 60 CFU/g.

381 In the last experiment, the cheese pieces were coated with previously dried films
382 containing the three concentrations of bacteriophages (GF1, GF2 and GF3) (Figure
383 4C). The appearance obtained was similar in every case tested. There were no breaks
384 and the films were in contact with the entire surface of the cheeses (Figure 5B). In this
385 case, a great reduction in the number of *S. aureus* was observed for the samples
386 wrapped using the film with the highest concentration of bacteriophages (GF1), with a
387 mean final value of 44 CFU/g. Cheese samples wrapped with GF2 and GF3 showed a
388 decrease in the microbial load until day 3, but then the microorganism proliferated
389 again, reaching a microbial concentration similar to that for the control sample. Both in

390 Figure 4B and 4C, there is a noticeable decrease in the number of viable bacteria in
391 the control sample, which suggests a slight inhibitory effect produced only by the
392 gelatine material covering the cheese samples. This decrease in the number of viable
393 bacteria may have occurred due to the physical presence of the gelatine surrounding
394 the piece of cheese, which may affect the growth of the bacteria, possibly by hindering
395 their nutrient intake or limiting their growing space. Other authors, studying chitosan
396 films loaded with phages and *Escherichia coli*, another anaerobic facultative bacteria,
397 noted the same inhibitory effect produced by the unloaded films covering infected
398 pieces of meat (Cui, et al., 2017).

399 When analysing the results of these experiments, it should be borne in mind that it is
400 easier for bacteriophages to infect bacteria in a liquid medium (Gutiérrez, et al., 2015)
401 or in an environment with a high level of humidity (Götz, 2002). In this case, the poorest
402 antimicrobial results were obtained for those pieces of contaminated cheese that were
403 directly immersed in a liquid medium with no gelatine. This may be explained because
404 over time, the surface of the cheese dried faster than when a gelatine coating or film
405 was used, since these protein-based packaging materials have the ability to preserve
406 the water near the food surface for a longer period of time (Lin & Zhao, 2007). In
407 addition, during the experimental time span, the cheese begins to ripen, with a high
408 loss of moisture (Everett & Auty, 2008), making it more difficult for the phage to infect
409 *S. aureus*. This may explain why the highest antimicrobial effect was observed during
410 the first three days. Furthermore, the coatings formed by the immersion of the pieces of
411 cheese in film-forming solutions GF2 and GF3 showed better antimicrobial
412 performance after six days of storage than the films that were made with the same film-
413 forming solutions and then used to wrap the cheese. These results suggest that the
414 coatings were better at retaining the moisture on the surface of the cheese, but further
415 investigation is required to corroborate this assumption. However, this difference was
416 diminished at the highest bacteriophage concentration tested (GF1), so increasing the

417 philPLA-RODI concentration in coatings and films could lead to a reduction in the
418 relative importance of the manner of application of these materials on the foodstuff.

419 **4. CONCLUSIONS**

420 The bacteriophage philPLA-RODI was introduced successfully into gelatine-based
421 films, and the physical and antimicrobial properties of these films were assessed. It
422 was found that the prepared films were not physically affected by the bacteriophages in
423 the film-forming solution, even at the highest bacteriophage concentration assessed.
424 The antimicrobial properties of the prepared packaging materials were tested using
425 pieces of cheese previously contaminated with *S. aureus*, and except at the highest
426 concentration of bacteriophages tested, the best results were obtained when the
427 cheese was immersed in the film-forming solution mixed with bacteriophages and the
428 coating was directly formed on the surface of the cheese. Taking all this into
429 consideration, a liquid solution of gelatine, glycerol and bacteriophages could be
430 sprayed on the surface of foodstuffs that are commonly contaminated with *S. aureus*,
431 such as fresh cheese, fruits and vegetables, to protect the consumers from this
432 pathogenic bacteria, although further investigation into the performance of this coating
433 on fruits and vegetables has to be conducted, as well as studies into the optimization of
434 the concentrations of bacteriophages, protein and glycerol in order to maximize the
435 antimicrobial properties of the coatings.

436 **Declarations of interest**

437 None.

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555 **Table 1.** Light transmission and transparency of gelatine films prepared with film-
 556 forming solutions with bacteriophage concentrations of 1.75×10^8 PFU/mL (GF1),
 557 1.16×10^8 PFU/mL (GF2) and 6.35×10^7 PFU/mL (GF3). Control is a phage-free gelatine
 558 film.

Film	Light Transmission (%)						Transparency
	280nm	300nm	350nm	400nm	500nm	600nm	
Control	6.58	61.16	82.92	89.25	91.70	92.30	0.39
GF1	6.52	39.59	63.54	76.23	82.98	85.33	1.04
GF2	6.69	44.36	67.99	79.55	85.87	88.21	0.70
GF3	10.33	55.14	75.97	85.49	89.46	90.89	0.61

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571 **Table 2.** Thickness, puncture strength (PS) and puncture deformation (PD) of gelatine
 572 films prepared with film-forming solutions with bacteriophage concentrations of
 573 1.75×10^8 PFU/mL (GF1), 1.16×10^8 PFU/mL (GF2) and 6.35×10^7 PFU/mL (GF3).
 574 Control is a phage-free gelatine film.

Film	Thickness (mm)	PS (N/mm)	PD (%)
Control	0.070 ± 0.003^a	823.01 ± 46.54^a	17.96 ± 1.51^a
GF1	0.075 ± 0.007^a	803.37 ± 86.21^a	20.85 ± 2.41^a
GF2	0.073 ± 0.01^a	725.45 ± 77.61^a	24.12 ± 8.28^a
GF3	0.076 ± 0.005^a	754.83 ± 51.90^a	16.56 ± 4.76^a

575 Different letters in the same column indicate significant differences ($P < 0.05$).

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588 **Table 3.** Water vapour permeability (WVP) and solubility of gelatine films prepared with
 589 film-forming solutions with bacteriophage concentrations of 1.75×10^8 PFU/mL (GF1),
 590 1.16×10^8 PFU/mL (GF2), and 6.35×10^7 PFU/mL (GF3). Control is a phage-free
 591 gelatine film.

Film	WVP ($\text{g} \cdot \text{mm} / \text{m}^2 \cdot \text{h} \cdot \text{kPa}$)	Solubility (%)
Control	1.61 ± 0.17^a	21.33 ± 3.32^a
GF1	1.41 ± 0.38^a	27.79 ± 4.95^a
GF2	1.49 ± 0.21^a	28.50 ± 6.24^a
GF3	1.83 ± 0.11^a	24.22 ± 0.31^a

592 Different letters in the same column indicate significant differences ($P < 0.05$).

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Figure 1. Visual aspect of the films. A) Gelatine film without bacteriophages. B) GF1: Gelatine film prepared with a film-forming solution with a bacteriophage concentration of 1.75×10^8 (GF1), C) 1.16×10^8 PFU/mL (GF2), D) 6.35×10^7 PFU/mL (GF3).

Figure 2. Micrographs of the gelatine films loaded with bacteriophages. A) Gelatine film without bacteriophages. B) Gelatine films prepared with film-forming solutions with bacteriophage concentrations of 1.75×10^8 PFU/mL (GF1), C) 1.16×10^8 PFU/mL (GF2), D) 6.35×10^7 PFU/mL (GF3).

Figure 3. Bacteriophage inhibitory capacity of films in TSB medium previously contaminated with *S. aureus* IPLA1 (10^6 CFU/mL). Bacteriophage concentration of the films was GF1-TSB: 5.25×10^6 PFU/mL. GF2-TSB: 3.48×10^6 PFU/mL. GF3-TSB 1.90×10^6 PFU/mL. WB: pure culture of *S. aureus* IPLA1 without phages or films. G: assay with a gelatine film.

Figure 4. Evolution of *S. aureus* growth in cheeses treated with: (A) bacteriophages in TSB liquid medium at three different concentrations (GF1, GF2 and GF3); (B) bacteriophages dissolved in the film-forming solution at three different concentrations (GF1, GF2 and GF3); (C) gelatine films prepared with film-forming solutions containing bacteriophages at three different concentrations (GF1, GF2 and GF3). In every case, the bacteriophage concentrations used were either 1.75×10^8 PFU/mL (GF1), 1.16×10^8 PFU/mL (GF2) or 6.35×10^7 PFU/mL (GF3).

Figure 5. Visual appearance of coated cheeses. Gelatine-coated cheeses (A) and cheeses wrapped with films (B). 1.- Control (gelatine coating or film); 2.- Gelatine coating or film prepared with a film-forming solution with a bacteriophage concentration of 1.75×10^8 PFU/mL (GF1); 3.- 1.16×10^8 PFU/mL (GF2); 4.- 6.35×10^7 PFU/mL (GF3).

Figure 3.

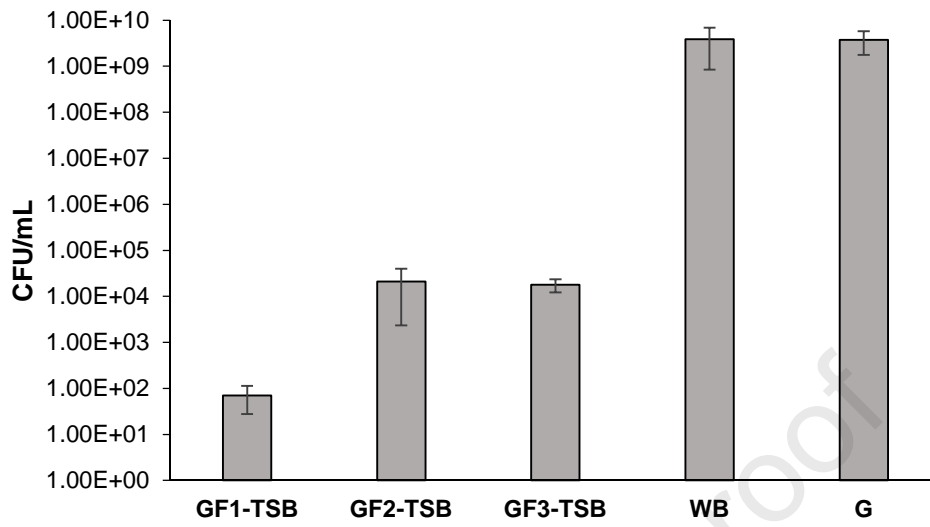
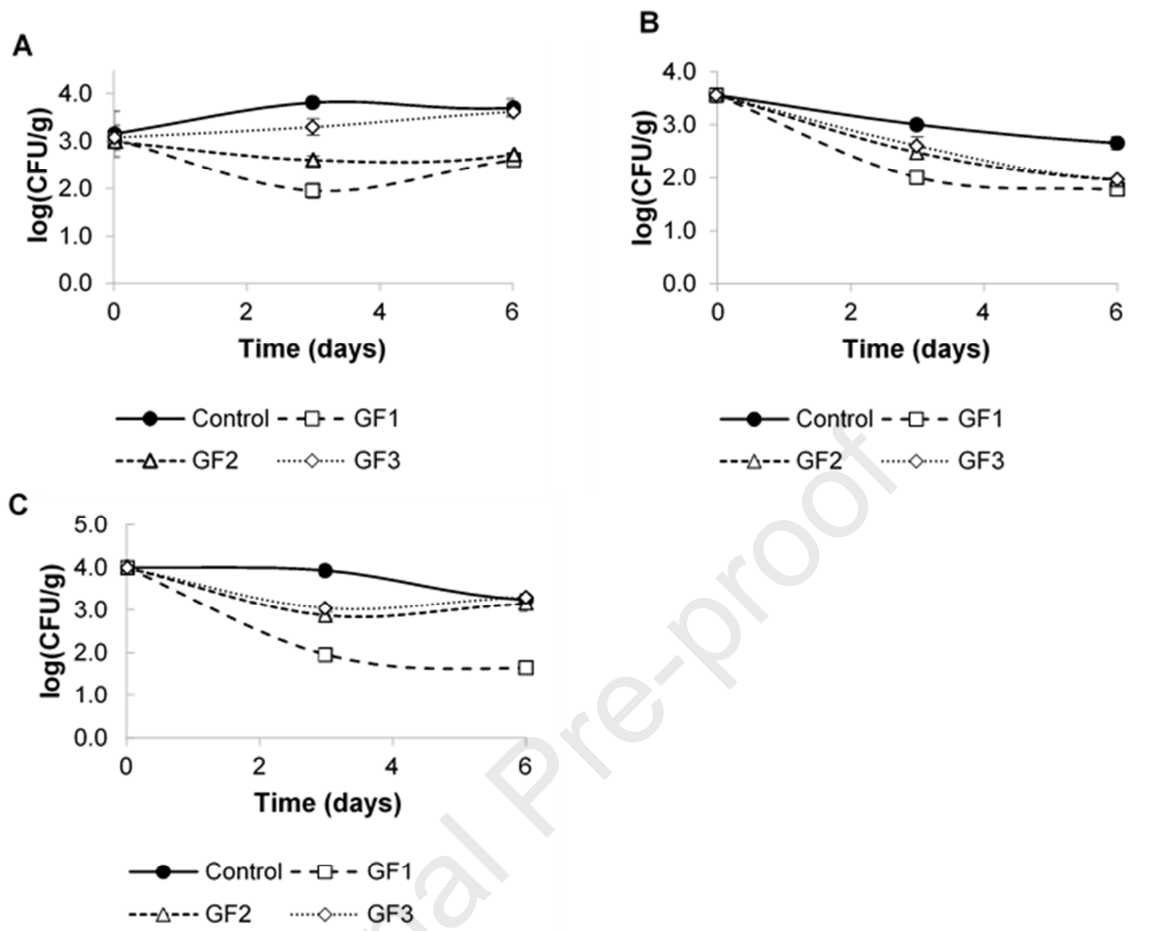
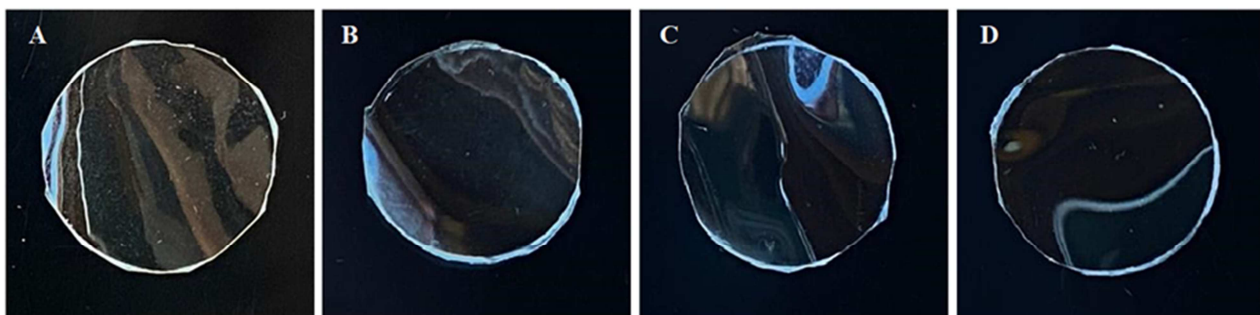
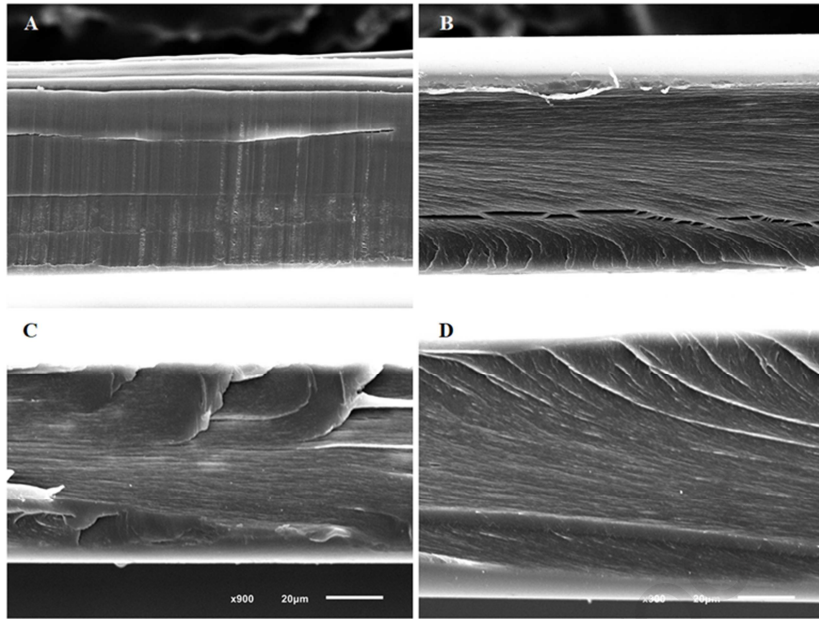


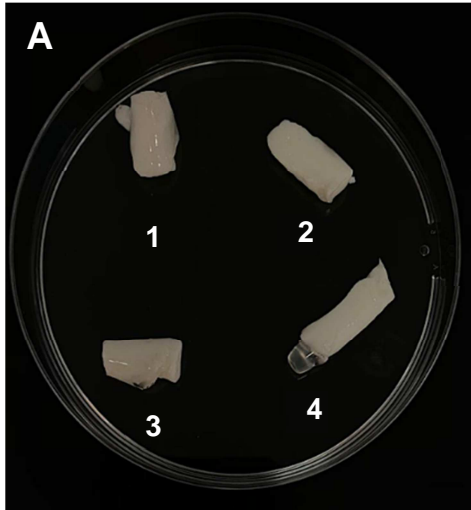
Figure 4





Journal Pre-proof





Journal Pre-proof

- Bacteriophage phiIPLA-RODI in gelatine films remained active against *S. aureus*.
- Films' physical properties were unaffected by incorporation of bacteriophages.
- The use of a gelatine-free solution of phages was the least effective treatment.
- Coatings showed better antimicrobial performance than previously dried films.

Journal Pre-proof

Declarations of interest

None

Journal Pre-proof