1	Flexural fatigue behaviour of a heated ultra-high-performance fibre-reinforced
2	concrete

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9 Abstract

A comprehensive experimental campaign was carried out to assess the flexural fatigue behaviour of an ultra-high-performance fibre-reinforced concrete. Several concrete mixes were submitted to room temperature, 100 °C, 200 °C, and 300 °C. Two types of reinforcement were explored: steel fibres and a combination of steel and polypropylene fibres. The influence of the addition of fibres and the temperatures in the microstructure were analysed through X-ray CT scans. In addition, the mechanical and fracture properties of the concrete were determined with monotonic tests and a connection between macroscopic and microscopic results was established to explain the fatigue behaviour. The beneficial effect of the fibres was observed essentially at a low cyclic fatigue regime. In heated concretes, the reduction of matrix porosity due to the presence of steel fibres led to significant damage after being exposed to 300 °C by spalling failure. By contrast, the concrete reinforced with polypropylene fibres maintained remarkably similar fatigue behaviour at room temperature and 300 °C.

22 1. Introduction

The fatigue behaviour of cementitious materials has been studied for a hundred years in plain concrete, especially under compression [1–5] and bending [6–9]. However, the interest in the fatigue behaviour of concrete has grown significantly since the addition of steel fibres [10–17] in the concrete matrix and the development of high-strength concrete [18–23]. Such enhanced materials are mostly used in infrastructures where time-variable loadings are predominant (e.g., bridge decks, pavements, high-speed railways, high-rise buildings, off-shore structures) [12,24]. Fibre reinforcement leads to a higher deformation capacity, which in turn improves fatigue life [17,24–26]. Nevertheless, the presence of fibres in the concrete results in a more heterogeneous matrix, which can be a source of defects [25,27]. The heterogeneity of the concrete matrix and its inherent flaws (i.e., porosity, entrapped air, and microcracks) lead to a progressive deterioration of the microstructure when the material is subjected to cyclic loading. This causes a steady decrease in the stiffness of the material, which commonly results in fatigue failure [25,28].

36 In ultra-high-performance fibre-reinforced concrete (UHPFRC), the matrix is essentially 37 characterised by the use of components with significant small-size particles (e.g., silica fume,

fly ash, ground granulated blast furnace slag), which promotes higher particle packing [29,30], and a remarkably low water-to-binder ratio [31,32]. Both features lead to a dense concrete matrix (i.e., with low porosity) and a significant enhancement of mechanical properties and durability [33–35]. Nonetheless, this produces more brittle material which commonly requires reinforcement through the addition of a large number of steel fibres in the concrete matrix to provide higher strain capacity [25,31,36–38]. As a result, the microstructure of UHPFRC becomes significantly more heterogeneous and prone to have additional defects due to fibre addition which influence fatigue behaviour [25]. On the other hand, the excellent mechanical properties of UHPFRC have made it possible to reduce the weight of structures by being able to build slenderer elements for the same acting loads [19,22]. Hence, permanent loads decrease whereas live loads (e.g., wind, earthquakes, sea waves) represent a more significant percentage of the total loads [19,22]. As a result, such structures are more sensitive to fatigue failure than those built with conventional or high-strength concrete [19].

Nevertheless, in some applications, UHPFRC must be capable of bearing thermal and mechanical loads for long periods. Some examples are the containment of steam or molten salts, as well as thermal energy storage systems with a solid medium in which the concrete directly accumulates the thermal energy [39–41]. These structures must bear heating and cooling for long periods of time, which generates fatigue damage and eventually leads to premature failure [42,43]. In these applications, the stability of concrete is crucial to withstand temperatures without being significantly degraded, which would affect the strength of the material. The heating of concrete generates evaporation of free water, dehydration, and even the decomposition of the matrix at high temperatures [39,44–46]. If internal stresses due to the thermal gradients and high steam pressure exceed the tensile strength of concrete, crack generation occurs in the matrix, resulting in a degradation of the material's performance [39,47–49]. In dense concrete mixes, such as UHPFRC, high steam pressure leads to a more severe deterioration of the matrix than in more porous concretes (i.e., conventional or high-strength concrete) because the steam cannot be easily released through the pore connections [46,50]. As a result, the degradation of the concrete matrix by thermal damage exerts a notable influence on the mechanical properties and fatigue behaviour of UHPFRC.

To date, studies on the fatigue behaviour of UHPFRC are scarce despite the increasing interest in this concrete and its many possible applications in which cyclic loading is predominant (e.g., offshore structures, slenderer bridge decks and piers, airport pavements, machine foundations, wind turbine towers) [25,35]. Most research has focused essentially on determining fatigue strength (i.e., endurance limit) in bending [32,33] and uniaxial tension [35,51] due to the extraordinary improvement of tensile strength in this concrete. Moreover, few studies have dealt with the influence of fibres on the fatigue life of UHPFRC [25,27]. In fact, it is known that the concrete matrix (i.e., components, amount and fibre distribution, and inherent flaws) plays a primary role in the fatigue behaviour of concrete under cyclic loading [25]. However, few studies have focused on establishing a relationship between the pore structure of the matrix and its degradation due to thermal damage, exploring the contribution of fibre reinforcement to the mechanical properties and the fatigue performance of UHPFRC at different temperatures.

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Our study focused on the influence of the pore structure of the concrete matrix on the fatigue behaviour of UHPFRC subjected to heating (i.e., room temperature, 100 °C, 200 °C, and 300 °C). A comprehensive experimental campaign was conducted to determine the fatigue strength (i.e., endurance limit) of a UHPFRC and its corresponding non-reinforced concrete with three-point bending fatigue tests in notched specimens. The goal was to obtain the S-N field at room temperature (RT), 100 °C, 200 °C, and 300 °C. A probabilistic fatigue model based on the Weibull distribution functions developed by Castillo and Fernández-Canteli [52,53] was used to determine the S-N field. Previously, static three-point bending tests were performed to determine the mechanical properties of the concrete under static loadings at the different temperatures tested. The influence of the addition of fibres and the temperature on the microstructure and consequently on the mechanical properties and fatigue behaviour was determined through an X-ray computed tomography (CT) scan. Moreover, the concrete matrix was analysed with a thermoanalytical test from room temperature to 400 °C to determine the dehydration or decomposition produced by the heating. The results of the X-ray CT scan and the thermoanalytical methods used were obtained from a previous paper by the authors that explored the mechanical and fracture properties of the same heated UHPFRC [48]. Finally, a connection was established between the results of the X-ray CT scan, the thermoanalytical methods, the mechanical properties, and the fatigue behaviour at the various temperatures tested.

2. Mix proportions and specimen preparation

Three ultra-high-performance fibre-reinforced concretes were manufactured in this study. They were all properly prepared with the same constituents and only differed in the type of fibres added. The dosage of mixes was designed in accordance with the methodology proposed by Deeb et al. [54], adapted to the materials available in our area. The binder was composed of CEM I 52.5 R/SR; the silica fume had a particle size under 0.1 μ m, and the ground granulated blast furnace slag (GGBS) had a maximum particle size under 60 µm. Two types of quartz sand were used as aggregate. The fine aggregate was characterised by a maximum particle size of 315 μ m, with a median particle size of 136.9 μ m and a fineness modulus of 0.48. The coarse aggregate had a maximum particle size of 800 μ m, with a median particle size of 297.3 µm and a fineness modulus of 2.36. The grain-size distribution of the aggregates is shown in Table 1. A highly active superplasticizer based on polycarboxylic ether was used to save water.

Table 1: Grain-size distribution of the coarse and fine aggregate

Sieve-size	Coarse aggregate	Fine aggregate							
(µm)	(% mass retained)	(% mass retained)							
800	0.0	0.0							
630	0.5	0.0							
500	5.0	0.0							
400	18.0	0.0							
315	38.0	0.0							
250	82.0	4.0							
150	92.6	44.7							
100	97.9	65.0							
80	100.0	85.0							
63	100.0	95.0							
40	100.0	100.0							

Table 2: Nomenclature, constituent, and mix proportions

	Mixes (kg/m³)						
Constituents	RC	UFC	UFC_PP				
cement	544	544	544				
silica fume	214	214	214				
GGBS	312	312	312				
quartz sand (< 0.315 mm)	470	470	470				
quartz sand (< 0.800 mm)	470	470	470				
superplasticizer	42	42	42				
short steel fibres	-	98	98				
long steel fibres	-	98	98				
PP fibres	-	-	1.2				
water/cement	0.34	0.34	0.34				
water/binder	0.17	0.17	0.17				
bulk density	2,198 (19)	2,404 (20)	2,342 (27)				

The first concrete we designed, labelled as UFC (ultra-fibre concrete), was reinforced with two types of steel fibres exclusively. The shorter fibres had a straight shape, were 13 mm in length, and 0.2 mm in diameter, and had a yield strength of 2,750 MPa. The longer fibres had a hooked-end shape, were 30 mm in length and 0.38 mm in diameter, and had a yield strength of 3,070 MPa. The fibre content was 2.5% in volume fraction and both types of fibres were combined at 50% (1.25% short fibres and 1.25% long fibres). The second concrete, labelled as UFC PP (ultra-fibre concrete with polypropylene), contained identical types and proportions of steel fibres as the UFC, with the addition of polypropylene (PP) fibres. The PP fibres were 24 mm in length and 31 μ m in diameter. A plain concrete mix with the same constituents was manufactured to be used as reference concrete (RC). The mix proportions of each type of mix are shown in Table 2. The selection of the types of fibres and their mix proportions used in this research was in accordance with the effectiveness criteria for UHPFRC from a mechanical

behaviour perspective and the cost of fibres, which were comprehensively studied by theauthors in previous research. For more information, see [31,55,56].

134 The chemical composition of cementitious materials is shown in Table 3. The cement was 135 essentially composed of SiO₂, CaO, and a higher content of SO₃ than conventional cement due 136 to its sulphur-resistant feature. The silica fume comprised 90% of particles under 0.1 μ m and 137 had a SiO₂ content above 90%. The GGBS primarily included SiO₂ and CaO.

Table 3: Chemical composition of cementitious materials

composition % (mass)	cementª	silica fume	GGBS
CaO	66.07	0.21	51.14
Al ₂ O ₃	3.22	0.43	9.12
SiO ₂	18.96	95.63	28.12
Fe ₂ O ₃	4.62	0.10	0.42
MgO	1.50	0.39	6.06
SO ₃	3.00	0.04	1.77
K ₂ O	0.20	0.79	0.54
N ₂ O	0.14	0.00	0.00
Na ₂ O	0.27	0.20	0.19
TiO ₂	0.00	0.00	0.00
LOI		1.84	1.47

^a Type I cement 52.5 R/SR

All specimens were manufactured following the same procedure. The casting procedure and mixing time were optimal to achieve a mix that was fluid enough. Mixing time essentially depends on the grain-size aggregate and the power of the mixing rotation [57]. First, all dry constituents were poured into the mixer and rotated for 2 min. Next, the water-superplasticizer solution was added and rotated for 30 min until a fluid and homogeneous mix was obtained. Finally, the fibres were poured into the mixer and rotated for 10 min until they were efficiently dispersed. After this, the moulds were filled by moving the bucket with the concrete mass uniformly from side to side to obtain the most homogeneous concrete possible. The specimens were subsequently unmoulded after being cured for 24 h and then immersed in water at 20 °C for 28 days.

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3. Experimental programme

3.1 Mechanical and fracture tests

155 Cubic specimens with a side of 100 mm, cylinders 100 mm in diameter and 200 mm in height, 156 and prismatic specimens 100×100×440 mm³ were cast in order to determine their mechanical 157 and fracture properties. RC and UFC concrete were tested at room temperature, 100 °C, 200 158 °C, and 300 °C; and UFC_PP was tested at room temperature and 300 °C.

3.1.1 Testing of specimens at room temperature

Compressive strength was determined in four cubic specimens for each mix (i.e., RC, UFC, and UFC_PP) according to the EN 12390-3 standard [58]. Young's modulus was measured in four cylinders for every mix according to the EN 12390-13 standard [59]. This test implied gradually loading the specimen up to a third of its failure load and recording its relative strain with two linear variable displacement transducers (LVDTs) 25 mm in length that faced each other and surrounded the cylinder. Three-point bending tests on four notched prismatic specimens for every mix were performed to measure the work-of-fracture according to the RILEM method [60]. All specimens had a notch-to-depth ratio of one-sixth. The mid-span deflection was measured with a 25-mm LVDT mounted on a rigid frame to prevent torsional effects and a clip gauge at the bottom of the specimen to measure the crack mouth opening displacement (CMOD).

A two-dimensional finite element (FE) model created by the authors [56] was used to reproduce the fracture process in the three-point bending tests. The model consisted of the ligament area, modelled with 4-node two-dimensional cohesive elements (COH2D4), and the rest of the sample, which was meshed with 3-node tetrahedral solid elements (CPEG3) with linear behaviour and generalised plane strain. The cohesive elements were defined by an exponential separation law characterised by the maximum stress (f_t) , the exponential parameter, and the displacement at failure (w_u ; see Figure 1.a). The solid elements were defined as assuming elastic-plastic behaviour. Young's modulus was determined experimentally and Poisson's ratio was assumed to be 0.2 in all cases. The exponential cohesive parameters were determined to establish an agreement between the results of the experimental load-deflection curves and the FE load-deflection curves. Finally, the bilinear cohesive separation laws of each test were determined by a numerical fitting from the exponential laws.





Figure 1: Cohesive law of fracture process: exponential (a) and bilinear (b)

3.1.2 Testing of specimens in heated conditions

The specimens were heated at a rate of 10 °C/min and the target temperature was maintained for at least 24 hours to ensure a homogeneous temperature in the material. The type of tests and the number of specimens tested were the same as for room temperature. However, the high temperature prevented the use of sensors in these tests. The three-point bending tests for every mix at the temperatures selected (100 °C, 200 °C and 300 °C) were carried out in a furnace specifically designed to introduce the actuator and supporting framework inside the chamber during the testing procedure. Thus, it was possible to test the specimens at the target temperature. Nevertheless, it was only possible to record load and actuator position data due to the high temperatures. To estimate the load-deflection curves from the three-point bending tests at various temperatures (100 °C, 200 °C and 300 °C), it was assumed that the difference between the deflection and the actuator displacement was due to the fact that the machine underwent a strain during the loading process. Hence, a conversion factor was established between the deflection and actuator displacement at RT. Finally, the deflection at any temperature was estimated from the actuator displacement and conversion factor. For more detailed information, see Ríos et al. [48].

201 3.2 Fatigue tests

Fourteen prismatic specimens 100×100×440 mm³ for each fatigue test (i.e., mixes and temperatures) were manufactured in order to determine fatigue life. Three-point bending fatigue tests in notched prismatic specimens were performed with a notch-to-depth ratio of one-sixth. Fatigue tests were conducted in a servo-hydraulic machine with a maximum loading capacity of 150 kN. All tests were carried out with the same stress ratio (0.2) for a varying maximum load and a loading frequency of 4 Hz. The reference concrete (RC) and steel fibre-reinforced concrete (UFC) were exposed to room temperature, 100 °C, 200 °C and 300 °C; finally, the steel-PP fibre-reinforced concrete (UFC_PP) was exposed to room temperature and 300 °C. All fatigue tests were carried out in heated specimens inside the furnace at the target temperature.

From the experimental fatigue data, the probabilistic fatigue model developed by Castillo and Fernández-Canteli [61] was used to estimate the S-N field. The fatigue model, based on the Weibull distribution functions, defines the S-N field as hyperbolic curves that represent the same probability of failure (i.e., percentiles). The model can be adapted to any general fatigue reference parameter – the driving force – that characterises the damage progress criterion (e.g., stress, strain, energetic parameters). The probability of failure is calculated as follows:

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$$P_{fail} = 1 - \exp\left[-\left(\frac{V-\lambda}{\delta}\right)^{\beta}\right]$$
 (1)

in which

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$$V = (\log GP - C)(\log N_{ini} - B)$$
 (2)

where V is the normalized parameter, GP is the damage generalized parameter, N_{ini} is the lifetime and λ , β and δ are the location, shape and scale parameters of the Weibull distribution, respectively. In this study, the generalized damage parameter used was the stress level (S), defined as f/f_r , where f was the flexural stress applied and f_r was the monotonic flexural strength resulting from the three-point bending tests.

The location parameter represents the smallest value of V at which failure may occur. Both scale (δ) and shape (β) are parameters related to the scattering of experimental results. The former is related to the specimen size and the latter corresponds to the fracture mechanism. For more detailed information about the probabilistic fatigue model used, see [61].

3.3 X-ray computed tomography analysis

The X-ray computed tomography technique was used to determine the porosity of the concrete matrix at room temperature due to entrapped air during the mixing process and the influence of temperature on pore structure at 300 °C. We used the XYLON Y. Cougar SMT X-ray inspection equipment housed in the Characterisation Service of the University of Seville, Spain. The equipment contains a multi-focus tube and wolfram target which allows the inspection in the range between 25-160 kV and 0.01-1 mA intensity. It can generate images with a geometric magnification up to 2,000×. The X-ray graphs are reconstructed and processed with VGStudio MAX 2.2.3 software. The specimens submitted to the X-ray test were sawn and extracted from the core of the prismatic specimens (100×100×440 mm³) to avoid boundary effects. The dimensions of the samples were approximately 25×25×100 mm³. Four samples of each mix (RC, UFC and UFC_PP) were analysed at the temperatures on both ends of the spectrum (RT and 300 °C). The samples were scanned at RT and after being subjected to 300 °C. Only the samples subjected to the highest temperatures (RT and 300 °C) were scanned and intermediate behaviour was assumed to happen at 100 °C and 200 °C. The 2D X-ray radiographs had a resolution of 1024×1024 pixels. These images were digitally reconstructed (Figure 2) into 3D absorption contrast images of the sample providing 3D information about areas with different density. A resolution of 40 μ m in the three Cartesian directions was obtained for these samples and mixes. For more detailed information about the procedure of

analysis, see [31]. A summary with the number and dimensions of the specimens cast as well as the properties determined at each temperature can be seen in Table 4.



(a)

(b) (c) Figure 2: Pore distribution in specimens after 3D reconstruction: (a) RC at RT, (b) UFC at RT and (c) UFC_PP at RT.



Table 4: Summary of the types of specimens and their properties

	RC			UFC				UFC_PP			
Specimen	Test ℃	RT	100	200	300	RT	100	200	300	RT	300
cube 100 mm side	fc	4	4	4	4	4	4	4	4	4	4
cylinder 100 diam. x 200	Ec	4	4	4	4	4	4	4	4	4	4
prism 100x100x440mm ³	f _{fl} , G _F , σ _t , α ₁ , α ₂ , w ₁ , w _u	4	4	4	4	4	4	4	4	4	4
prism 100x100x440mm ³	S-N	14	14	14	14	14	14	14	14	14	14
prism 25x25x100mm ³	X-ray CT	4	4	4	4	4	4	4	4	4	4

3.4 Thermoanalytical tests and mineral composition

Thermogravimetric analysis (TGA), differential thermal analyses (DTA) and differential scanning calorimetry (DSC) were carried out with a TGA instrument. Alumina was used as reference material and samples were placed on crucibles for the tests. The analyses were performed at ambient air temperature during the entire heating period and the temperature was increased from room temperature to 350 °C at a rate of 10 °C/min.

The mineral composition of plain concrete (RC) after 28 days was determined by the X-ray diffraction technique and is shown in [48,62]. As can be seen in [48,62], the cement hydration process generated a pozzolanic reaction between the significant amount of SiO₂ (silica fume) and Ca(OH)₂, generating much C-S-H gel and reducing Ca(OH)₂ and CaCO₃ content [46,63].

265 4. Results and discussion

4.1 Porosity analysis with 3D X-ray CT images

The evolution of porosity and cumulative pore volume with regard to the equivalent diameter size distribution are shown in Figure 3.a and b, respectively. Figure 4 illustrates the pore density related to the equivalent diameter size. The results for each mix (RC, UFC, and UFC_PP) at room temperature and 300 °C are presented. The X-ray CT data used were previously obtained by Ríos et al. [56].

With regard to porosity at room temperature, Figure 2 shows that the presence of steel fibres reduced porosity from 4.0% for the reference concrete (RC, that is, plain concrete) to 2.0% and 3.6% in UFC and UFC PP respectively. This is consistent with the results obtained by other authors [64,65]. The reduction in porosity was due to the fact that steel fibres burst the entrapped air bubbles (with pores above 10 µm) in the concrete paste during the mixing process [64] when the number of fibres was high. This is consistent with the results obtained by Ponikiewski et al. [65] and Ríos et al. [31] and the decrease of pore density curves observed in Figure 4. Additionally, the presence of fibres (PP or steel fibres) increased pore size due to the water adsorption effect on the fibre surfaces, as observed in Figure 3.b, where fibre-reinforced mixes (UFC and UFC PP) reached larger pore sizes for the same cumulative pore volume. This is also consistent with the results obtained by other authors [44,66]. Hence, the porosity of the combined PP and steel fibre-reinforced concrete (UFC PP) was higher than that of concrete reinforced exclusively with steel fibres (UFC) because the fibre content (PP and steel fibres) was higher and PP fibres induced entrapped air bubbles but did not burst them.





Results of the porosity of all mixes at 300 °C (Figure 3.a) were higher than those obtained at room temperature. Specifically, the RC mix (plain concrete) showed a 1% increase and was the one most affected by the temperature; the UFC mix showed a 0.6% increase, and the UFC_PP showed a 0.4% increase. The heating inflicted damage that increased the porosity mainly due to the high vapour pressure generated by the moisture evaporation from 20 °C to 250 °C and the dehydration of the C-S-H gel between 250 °C and 300 °C. This was based on the thermal analyses previously carried out in the same concrete matrix by Ríos et al. [48]. In the PP fibre-reinforced mix (UFC_PP), porosity also increased due to the melting of PP fibres at around 165 °C [44]. Note that the thermal damage inflicted affected pore sizes around 0.15-0.20 mm the most and its effect was negligible at pore sizes above 0.55 mm, as observed in Figure 4. This is because the stresses induced in the concrete matrix by thermal effects (moisture evaporation and dehydration) reach higher levels in smaller pores. Note that the PP fibre-reinforced concrete (UFC PP) was the only mix in which the heating process did not significantly damage the microstructure compared to its status at room temperature, as concluded from the results shown in Figure 3 and Figure 4.





Figure 4: Equivalent diameter size distribution represented by pore density

4.2 Mechanical properties and fracture energy

The mechanical and fracture properties of each mix and temperature tested are presented in this subsection. As mentioned above, the PP fibre-reinforced mix (UFC_PP) was exclusively tested at room temperature and 300 °C. It was not possible to determine the fracture energy (G_F) of plain concrete (RC) at 100 °C, 200 °C, and 300 °C because the CMOD clip gauge transducer would not work correctly in high-temperature tests.

47 310 **4.2.1 Compressive strength (f**c)

Based on the results at room temperature, fibre-reinforced mixes (UFC and UFC PP) exhibited a remarkable improvement in compressive strength (f_c) compared to that of RC (plain concrete), with an average increase of 31% in UFC and 33% in UFC_PP. This improvement was essentially due to the beneficial sewing effect of the steel fibres, which limited the micro-cracking generated in the concrete during the compression tests [67]. Additionally, total porosity was considerably lower than that of RC (Figure 3.a) and more uniformly distributed (see Figure 3 and Figure 4). As can be observed, the presence of PP fibres in the concrete

matrix resulted in higher total porosity (Figure 3.a). However, it did not show a clear influence
on compressive strength, which agrees with the results obtained by other authors [45,68].

At 100 °C, compressive strength decreased in RC (21%) and UFC (2.6%) due to the high pore pressure induced by the evaporation of moisture. When stresses reach tensile strength, microcracks are generated in the concrete matrix, resulting in strength loss [43,44,69]. The decrease was more significant in RC because pore pressure is more detrimental in small-size pores [70] and the porosity of the RC mix was essentially characterised by having the smallest size pores (see Figure 3 and Figure 4). At 200 °C, two simultaneous and contradictory effects took place: the temperature of the cement paste improved its hydration [44,71,72] and the high vapour pressure damaged the concrete matrix. The first effect resulted in the maximum compressive strength, with an average value of 172 MPa (an increase of 20%) in the fibre-reinforced concrete (UFC) and an increase of 15.6% in the RC mix. At 300 °C, the matrix revealed considerable damage due to dehydration of the C-S-H gel [48]. Indeed, some samples, even those reinforced exclusively with steel fibres (UFC), experienced an explosive failure in the furnace during the heating process. Nonetheless, spalling failure was not observed in PP fibre-reinforced concrete (UFC_PP) since PP fibres were melted and generated a network of channels through which vapour could be evacuated more efficiently, mitigating the detrimental effect of heating of the concrete matrix. Note that the scattering of results increased with the rise in temperatures, showing that thermal gradients do not induce uniform damage throughout the concrete matrix (Figure 5). By contrast, the fibre-matrix bond strength played a crucial role in compressive strength. However, the expansion effect of steel fibres embedded in the concrete matrix did not generate significant cracks below 400 °C, which is consistent with other studies [72]. Hence, the appropriate fibre-concrete bond strength was not noticeably degraded in the temperature interval used in this research.



Figure 5: Compressive strength of all mixes at RT, 100 °C, 200 °C, and 300°C

346 4.2.2 Young's modulus (E_c)

At room temperature, Young's modulus was slightly higher in fibre-reinforced concrete (UFC and UFC_PP). However, it cannot be concluded that the addition of fibres (at the rates used) showed a clear influence, as observed by other authors [31,73]. At 100 °C, a 10% decrease was observed in RC (plain concrete) due to the damage inflicted by the vapour pressure resulting from moisture evaporation. However, this decrease was unnoticed in Young's modulus when the matrix was reinforced exclusively with steel fibres (UFC), as shown by the results (Figure 6). At 200 °C, a 20% and 19% decrease was observed in RC and UFC, respectively. Note that both mixes (RC and UFC) showed a similar decrease in Young's modulus. Hence, steel-fibre reinforcement does not exert a direct influence on this property [74]. At 300 °C, a 38%, 36%, and 31% decrease was observed in RC, UFC, and UFC_PP, respectively. A mitigating effect of PP fibres on the heating damage was noted. Although the highest Young's modulus values at 300 °C were those of concrete with PP fibres, they were still lower than those recorded at ambient temperature.



Figure 6: Young's modulus of all mixes at RT, 100 °C, 200 °C, and 300°C

362 4.2.3 Flexural strength (f_{fl})

At room temperature, flexural strength (f_{fl}) exhibited a remarkable enhancement in fibre-reinforced mixes; it increased fivefold in the UFC and fourfold in the UFC_PP mix (Figure 7). The growth of flexural strength was due to the crack bridging effect of steel fibres and the decrease of entrapped air due to the presence of steel fibres in the concrete matrix (see Figure 3.a). At 100 °C, flexural strength decreased by 11% in RC and 21% in UFC due to effects similar to those described on compressive strength. Note that the detrimental effect of heating affected fibre-reinforced concrete more strongly in relative terms. In this mix, the evacuation of vapour pressure is rarely effective because of its lower porosity (Figure 2). In 200 °C and 300 °C tests, the heating process led to spalling failure in some samples of plain concrete (RC); by contrast, tests conducted in fibre-reinforced samples were apparently unaffected by spalling. As observed, no significant changes were observed in the average values of flexural strength in

374 plain concrete (RC), although the standard deviation was much higher. A slight decrease was 375 observed at 200 °C and 300 °C in UFC, showing that the strongest damaging effect on this 376 property occurred when heating at 100 °C, in comparison with room temperature results. Note 377 that spalling failure occurred in UFC at 300 °C and the standard deviation increased 378 significantly as a result. The PP fibre-reinforced concrete (UFC_PP) exhibited an 8% decrease at 379 300 °C and an unremarkable increase of standard deviation since spalling failure was not 380 induced.





4.2.4 Fracture energy (G_F)

Table 5 shows the mean values of each fracture energy determined, as well as the standard deviation expressed as a percentage of the mean value. At room temperature, fracture energy enhanced significantly mainly due to the bridging effect of the steel fibres, which greatly increases the energy absorption capacity of fibre-reinforced concrete [75]. The highest average value was reached in steel fibre-reinforced concrete (UFC), because its lower porosity (Figure 4) implied higher work-of-fracture, as shown by the higher flexural strength values in Figure 7. When the temperature increased (100 °C, 200 °C, and 300 °C), vapour pressure and dehydration generated internal damage which increased the number of pores, especially around 0.15 mm pore size (Figure 4), and decreased the fracture energy (Table 5). Note that the fracture energy value at 300 °C was higher with less deviation in PP fibre-reinforced concrete (UFC PP). The reason why this happened despite the strength reduction due to melting of the PP fibres is that, as already explained, thermal damage (see Figure 4) caused by moisture evaporation and dehydration was mitigated because the high pressure was more easily evacuated.

		01	
		<i>G</i> (kN/m)	
Temperature	RC	UFC	UFC-PP
RT	0.061 (3%)	47.2 (5%)	40.7 (6%)
100 °C	-	32.7 (9%)	-
200 °C	-	28.7 (18%)	-
300 °C	-	22.5* (25%)	28.5 (12%)

Table 5: Fracture energy of mixes

* Spalling effect observed in some samples during the heating process.

In addition, the mean bilinear cohesive laws were determined for each concrete and temperature (Figure 8.a and b). The cohesive law parameters of each bilinear diagram are shown in Table 6. Note that the analysis of the bilinear cohesive diagrams provides disassociated information through the first and second linear branches. The first linear branch depends mainly on the micro-cracking process while the second one depends on frictional interlocking [76].



Figure 8: Bilinear cohesive law: UFC and UFC-PP

According to the results shown in Table 6, the initial fracture energy (G_{f}) represented essentially the main part of the fracture energy (G_F), with values ranging between 65%-74% of G_{F} . Hence, the energy to generate the micro-cracking of the matrix required three-fourths of the energy implied in the monotonic fracture process. The lowest values of initial fracture energy, in relative terms, were reached at higher temperatures. Less energy was required to generate micro-cracking because of the damage produced in the matrix (i.e., the presence of a more significant number of internal flaws). The initial fracture energy decreased by 53% from RT to 300 °C. The second linear branch and the displacement at failure decreased with heating up to 300 °C according to the fracture energy of the frictional interlocking (G_{F} - G_{f}). The thermal deterioration of the matrix caused a more predominant strain of the material. The higher deformation and the bridging effect of the steel fibres resulted in higher displacements at failure (w_u) . The lower thermal degradation in concrete mixes with PP fibres (Figure 3.a) showed a similar trend to that of UFC, but with fewer significant effects in relative terms. The initial fracture energy of UFC-PP decreased by 32%. Additionally, the frictional interlocking 424 process was less remarkable in the fracture process of UFC-PP since UFC-PP maintained its

fracture properties in a more uniform way with increasing temperature than UFC did.

Table 6: Bilinear cohesive law parameters

				UFC-PP						
	a ₁ (mm ⁻¹)	a ₂ (mm ⁻¹)	w ₁ (mm)	w _u (mm)	<i>G_f</i> (kN/m)	a ₁ (mm ⁻¹)	a ₂ (mm ⁻¹)	w ₁ (mm)	w _u (mm)	<i>G_f</i> (kN/m)
RT	3.71	0.16	4.37	17	35.4	3.73	0.11	3.94	17	28.9
100 °C	3.36	0.07	3.78	19	24.0	-	-	-	-	-
200 °C	3.44	0.07	3.40	20	19.9	-	-	-	-	-
300 °C	3.61	0.05	3.04	21	16.7	5.09	0.09	2.78	18	19.8

4.3 Fatigue behaviour

In this section, we analyse the experimental data obtained from the flexural fatigue tests of
each mix (i.e., reference concrete, steel fibre-reinforced concrete, and steel-PP fibrereinforced concrete). At least ten fatigue tests corresponding to several stress levels were
taken into account in the evaluation to apply the probabilistic fatigue model [61].

Table 7 presents the results of the fatigue tests for the reference concrete, RC (plain concrete), at various stress levels and exposure to RT and 100 °C. Premature failure by spalling was observed during the heating process inside the furnace in some heated RC specimens at 200 °C and 300 °C. In those cases, few fatigue test data were available to run the probabilistic fatigue model [53], so they were not included in Table 7. Fatigue results exhibited a considerable scattering of more than two orders of magnitude, which is commonly accepted in the assessment of fatigue life in concrete [22,77], even at a particular stress level. This is essentially due to the heterogeneous composition of the concrete (i.e., cement paste, aggregates, fibres) and the statistical nature of the fatigue phenomenon [12].

1			D/			00 %]
2			R	с-К I	KC-1		
3			Stress level	Fatique life	Stress level	Eatique life	-
4 5			S (MPa)	N (cycles)	S (MPa)	N (cycles)	
6 7 8			5.82	6	5.08	32	
9 10			5.50	19	4.79	913	
11 12			4.85	16,108	4.51	18	-
13 14 15			4.53	99	4.23	18,943	-
15 16 17			4.53	1,225	3.95	9,931	-
18 19			4.21	43,000	3.67	23,219	-
20 21			3.88	94	3.38	62,337	-
22 23 24			3.88	4,888	3.10	228,219	-
25 26			3.72	1,065	2.82	228,635	-
27 28			3.56	93,700	2.54	669,156	
29 30 21			3.40	16	2.20	2,000,000*	
32 33			3.24	2,000,000*	1.97	670,925	-
34 35					1.69	2,000,000*	-
36 37	447		* run-out test				
38 39	448	The fatigue data	a for the steel f	fibre-reinforced	concrete mixes	(UFC) are prese	ented in Table 8.
40	449	The tests were o	carried out for y	various stress lev	vels at room ten	nperature, 100 °	C. and 200 °C. At
41	450	300 °C some o	of the specimer	s prematurely	exploded by sp	alling so insuff	icient data were
42	150	available for the	S-N field deter	mination	explored by sp		
44	431			minación.			
45	452						
46							
47	453						
48							
49 50	454						
50 51							
52 53	455						
54 55	456						
56 57	457						
58 59	458						
60							17
61							
0⊿ 62							
03 64							
65							

1							
1 2		UF	C-RT	UFO	C-100 °C	UFC	-200 °C
3	-	Stress	Fatigue life.	Stress	Fatigue life.	Stress	Fatigue life.
4							N (cycles)
5		(140a)	N (cycles)	$(MD_{\rm P})$	N (cycles)	(MDa)	iv (cycles)
6		(IVIPa)		(IVIPa)		(IVIPa)	
0		20.66	70	12.20	204	21.02	126
0 0		29.00	79	25.59	594	21.02	120
)	-	20.01	2 1 5 0	22.00	2 5 0 7	21.02	0.570
1		28.01	2,150	22.09	2,597	21.82	9,579
2	_						
3		26.36	631	22.09	42,027	21.82	44,714
4	-						
5		25.54	33	22.09	64	21.82	55,939
5							
/		24.71	3,998	20.79	4,513	20.60	5,914
3							
לי ר		23.89	15,836	20.79	230	20.00	34,155
1							
2		23.07	5,030	20.14	2,120	19.39	20
3							
1		22.24	16,911	19.49	7	19.39	18,396
5							
5		21.42	83.875	18.97	168	18.18	46.977
7							- , -
3	-	20.59	33,790	18.19	272	17.57	16.656
לי ר			,				
1		19 77	256 282	17 41	928	16 97	44
2		10177	200)202	17111	520	10107	
3		18 12	123 098	17/1	7 6/19	15 76	2 688
ł		10.12	423,038	17.41	7,045	15.70	2,000
5		16/18	2 000 000*	16 11	7 807	1/ 5/	2 000 000*
5		10.40	2,000,000	10.11	7,007	14.04	2,000,000
7				12.00	2 000 000*		
3				13.00	2,000,000*		
y n 160	L	k rup out tost					
0 400		run-out test					

Table 8: Stress level and fatigue life data for the steel fibre-reinforced concrete (UFC)

 Table 9 summarises the fatigue results for the combination of steel and polypropylene fibre-reinforced concrete (UFC_PP). This mix was only tested at room temperature and 300 °C. No spalling effects were observed in this mix during the heating process, since the addition of PP fibres reduced the thermal damage caused by high pore pressure and dehydration in the matrix, as explained in detail in subsection 4.1.

470 Table 9: Stress level and fatigue life data for the PP and steel fibre-reinforced concrete

(UFC_PP)							
UFC_	_PP-RT	UFC_PP-300 °C					
Stress level,	Fatigue life,	Stress level,	Fatigue life,				
S (MPa)	N (cycles)	S (MPa)	N (cycles)				
25.47	101	23.40	3,252				
24.20	26,552	22.75	2,339				
24.06	23,746	22.10	45,560				
23.35	15	22.100	11,135				
22.96	28	21.45	13,780				
22.64	71,921	20.80	2,595				
21.93	38,209	20.15	14,623				
21.23	64,187	19.50	66,212				
20.87	40,791	18.85	3,773				
20.52	64	18.20	139				
19.81	2,299	17.86	67,319				
19.10	1,617,740	17.55	58,000				
18.40	1,617,740	16.90	2,000,000*				
17.69	2,000,000*						

 473 Table 10 shows the model parameters estimated from the experimental fatigue tests 474 according to the probabilistic fatigue model developed by Castillo and Fernández-Canteli [53]. 475 The fatigue model is based on the compatibility condition between distributions P(GP;N) and 476 P(N;GP). It depends on five parameters: exp(C) is the horizontal asymptote which represents 477 the endurance limit; exp(B) is the vertical asymptote; λ , δ , and β are the location, scale and 478 shape parameters, respectively, of the Weibull distribution, where λ defines the position of the 479 zero-percentile curve in the probabilistic assessment of the S-N field.

	β	В	С	δ	λ
RC-RT	1.01	6.90	1.16	0.54	0.01
RC-100 °C	1.31	2.86	0.70	3.56	0.00
UFC-RT*	1.86	0.00	2.30	1.04	6.97
UFC-100 °C*	1.40	4.12	2.46	1.84	0.00
UFC-200 °C	1.01	2.97	2.38	1.35	0.02
UFC_PP-RT	1.87	7.66	2.74	0.96	0.00
UFC_PP-300 °C	1.41	4.89	2.81	0.88	0.00

Table 10: Model parameters estimated according to the probabilistic fatigue model [61]

> The model fit the experimental fatigue data. However, in the graphical representation of the results, both low-cycle fatigue and long-cycle fatigue breaks could occur simultaneously in the upper level ($S=0.9f_{fl}$). This fact is evidenced by the convex curvature of the upper levels and by the coincidence of pseudo-static breaks and fatigue breaks for the same stress level. The model developed by Castillo and Fernández-Canteli assumes that the damage mechanism is the same for all stress levels. Thus, the results of the higher level should not be used in the analysis to fit the model for concrete. A more thorough analysis could even rule out the 90% stress level. In this study, stress levels higher than 80% (S>0.8f_{fl}) were not considered to determine the S-N curves. Additionally, in the interest of clarity, only the 0.05 and 0.50 percentile curves for each concrete mix and temperature tested were plotted with the experimental fatigue data.

4.3.1 Influence of the fibres on fatigue life

For the purpose of examining the influence of fibres on the fatigue behaviour of the concrete mixes manufactured, the S-N field for each concrete was determined by applying the probabilistic fatigue model described in subsection 3.2 [61].

The fatigue crack growth in the concretes tested showed three stages: initial growth, steady-state growth, and final accelerated growth [15,78]. The initial crack length, generated by the first load application, was prominent in fibre-reinforced concrete because the concrete was loaded above the first cracking strength (i.e., the concrete matrix strength). This effect was more noticeable when the concrete had a greater number of steel fibres since the difference between the first cracking and ultimate strength increased. Furthermore, because of the high number of fibres, crack propagation happened in a fairly steady way throughout the fatigue process before ultimate failure occurred because of significant multiple cracking processes [15].

Figure 9 represents the 0.05 and 0.50 percentile curves for the reference concrete (RC), steel fibre-reinforced concrete (UFC), and steel-PP fibre-reinforced concrete (UFC_PP) at room temperature, respectively. The addition of steel fibres (UFC) in high amounts (2.5% in this research) led to higher stress levels at low load cycles compared to those of the reference concrete (Figure 9). In this case, the final failure was essentially due to the pull-out of the fibres [79]. The maximum stress level applied was remarkably close to the value of the ultimate monotonic flexural strength (Figure 7). As a result, micro-cracking and crack coalescence was quickly generated, consuming a prominent part of the initial fracture energy (Table 6) in each cycle. Accordingly, the concrete became severely cracked while the flexural stresses were predominantly strengthened by steel fibres. Under a high-cycle fatigue regime, a progressive weakening of the fibre-matrix interlocking was generated at lower load levels through steady micro-cracking. Thus, the efficiency of the bridging effect of fibres decreased, resulting in a similar endurance limit to that of UFC PP (15.5 MPa, UFC, and 15.8 MPa, UFC PP respectively), as observed in Figure 9. The addition of high-content steel fibres exerted a twofold beneficial effect on fatigue behaviour. On the one hand, its presence reduced total porosity and pore size (Figure 3.a), so the scattering of fatigue life was reduced because there were less internal flaws, as seen from the proximity of the 0.05 and 0.50 curves in Figure 8. On the other hand, greater stress levels were reached in low cycles. In steel-PP fibre-reinforced concrete (UFC_PP), the presence of the largest pores up to 4.6 mm in diameter (Figure 3.a) generated a higher stress concentration [80], thus requiring a lower fracture energy (Table 6). This led to lower fatigue life at high stress levels compared to the UFC case. Additionally, the larger range of pore sizes combined with their arbitrary generation in the microstructure led to a higher scattering in the fatigue life results, as observed from the separation of the 0.05 and 0.50 percentile curves of UFC_PP in Figure 9.



Figure 9: S-N curves for each mix at room temperature

536 4.3.2 Influence of temperature on fatigue life

Figure 10 represents the influence of temperature on the S-N field for the reference concrete (RC) exposed to room temperature and 100 °C. As failure by spalling was observed in some heated RC specimens at 200 °C and 300 °C, an insufficient number of fatigue tests were available for the application of the probabilistic fatigue model [53]. Hence, only the S-N curves of the RC mix at room temperature and 100 °C are presented in Figure 10.

At room temperature, the endurance limit was reached at a stress level of 3.3 MPa (Figure 10). Heating to 100 °C led to the generation of microcracks in the concrete matrix, induced by the high pore pressure because of capillary pressure and partial dehydration [48]. This resulted in a more cracked matrix, which implied a significant decrease of the endurance limit (by 32%) from approximately 3.3 MPa at RT to 2.1 MPa at 100 °C (Figure 10). This thermal damage by heating was consistent with the decrease of monotonic flexural strength observed in Figure 7. Furthermore, repeated loading under maximum monotonic strength led to the creation and growth of micro-defects (e.g., pores, microcracks) following the minimum energy path. Heating promoted a progressive degeneration of the internal structure which resulted in the decrease of material strength, as observed in the monotonic flexural results (Figure 7). At 100 °C, the matrix was initially more degraded due to thermal damage. Thus, the deleterious crack propagation by fatigue loading was more effective and led to a significant decrease of stress levels, which did not make it possible to clearly define the endurance limit (see Figure 10). As mentioned in section 4.1, the damage generated by the temperature did not affect all pore sizes equally. Moreover, the uneven heating between the external and internal areas of the specimen caused more arbitrary damage. As a result, fatigue life results were more scattered, as can be seen from the 0.05 and 0.50 percentile curves of RC-100 °C in Figure 9.



Figure 10: S-N curves for the reference concrete (RC) at different temperatures

In steel fibre-reinforced concrete (UFC) at room temperature (Figure 11), the endurance limit was reached at a stress level of 15.5 MPa. In addition, low scattering was observed in the separation band between the 0.05 and 0.50 percentile curves. The low scattering was due to the lower total porosity and, particularly, to the narrow pore-size range observed (Figure 3.a). In heated tests, the concrete matrix underwent internal degradation during the heating process (high pore pressure and dehydration) at 100 °C and 200 °C. Yet, the fatigue limit values achieved were slightly lower than those at room temperature (12 MPa and 10.8 MPa of stress level at 100 °C and 200 °C, respectively). This demonstrates how the sewing effect of steel fibres progressively weakened at low load levels. At high load levels, the generation of micro-defects due to thermal gradients in the concrete matrix was initially higher at 100 °C and even greater at 200 °C. As a result, the fracture energy required up to failure was lower, as observed in Table 5. Since the maximum stress applied represented a predominant part of the ultimate flexural strength, crack growth was more significant in each cycle and a higher part of the initial fracture energy was therefore consumed. Hence, the concrete with the lowest initial fracture energy (UFC at 200 °C) exhibited lower fatigue life at higher load levels (Figure 10). It is worth noting that, because thermal gradients are randomly distributed, the defects induced by thermal damage are also randomly generated in the matrix [22]. This resulted in higher scattering of the mechanical (Figure 7) and fracture properties (Table 5) and fatigue behaviour (Figure 11). The separation between the 0.05 and 0.50 percentile curves of UFC-100 °C and UFC-200 °C (Figure 11) greater in comparison with the other types of concrete, evidencing higher scattering between fatigue life results (Table 8).



Figure 11: S-N curves for steel fibre-reinforced concrete (UFC) at different temperatures

585 For the steel and polypropylene fibre-reinforced concrete mix (UFC_PP), the endurance limit at 586 room temperature represented a stress level of 15.9 MPa. The addition of PP fibres increased 587 the total porosity of the matrix and the pore-size range. The presence of larger pores 588 decreased fatigue life at high load levels according to the lower monotonic flexural strength

(Figure 7) and fracture energy (Table 5 and 6). At 300 °C, the thermal degradation of this concrete was generated by two stages: the evaporation of moisture and capillary pores between 20 °C and 250 °C, and the dehydration of the C-S-H gel in the range of 250 °C to 400 °C [48]. The presence of PP fibres and their partial melting at 160 °C prevented the UFC_PP from failing by spalling during the heating process inside the furnace. The better evacuation of high pore pressure by the capillary pores and dehydration due to the generation of a network of channels by the melting of the PP fibres around 160 °C [44] led to a less degraded matrix. As observed, the lower range of pore-size distribution at 300 °C was almost invariant compared to room temperature. This led to a reduction of initial fracture energy by approximately 30% compared to the RT results. Consequently, the S-N field of UFC PP at 300 °C showed a similar endurance limit to that of UFC_PP at room temperature (i.e., 15.9 MPa at RT and 16.7 MPa at 300 °C). Additionally, the similar pore size distribution led to lower scattering between the results represented by the 0.05 and 0.50 percentile curves (Figure 12). This effect was consistent in relative terms with that observed in the results regarding mechanical (Figure 5, 6 and 7) and fracture properties (Table 5).





Figure 12: S-N curves for the PP and steel fibre-reinforced concrete (UFC_PP) at different temperatures

5. Conclusions

608 The following conclusions can be drawn from the results:

The probabilistic fatigue model used fit the experimental fatigue data. However, the model assumed the damage mechanism was the same for all stress levels. In fact, this mechanism differed for fibre-reinforced concrete, in which the effectiveness of the fibre-concrete

- 612 interlock played an essential role in crack propagation. For this reason, stress levels closest613 to static strength should not be used in the analysis.
- The addition of steel fibres resulted in a more significant high endurance limit (78%)
 compared to plain concrete. Moreover, the inherent scattering of the concrete decreased
 since the mere presence of the fibres reduced the porosity of the matrix and gave it a
 more stable strengthening behaviour.
- The addition of polypropylene fibres to the mix with steel fibres did not significantly affect
 the endurance limit, although the presence of larger pores in the matrix increased.
 However, this change in the matrix did produce a significant higher scattering in fatigue
 behaviour.
- The heating of plain concrete increased total porosity, which significantly affected the
 scattering of the S-N field. As the increase of porosity was not significant in relative terms,
 the endurance limit was slightly reduced.
- In relative terms, the temperature effect at 100 °C and 200 °C increased the porosity of the steel fibre-reinforced concrete more significantly and reduced its endurance limit (22.5 and 30.3%, respectively). In addition, the arbitrary distribution of damage generated a more random S-N field.
- The increase in the number of pores due to thermal degradation at 300 °C in the steel-polypropylene fibre-reinforced concrete did not show significant effects on the endurance limit or the S-N field scatter. Thus, fatigue behaviour was remarkably the most stable at any temperature.

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